

Ephesians

Week 1

As He Loves: Doctrine & Devotion In The Book Of Ephesians

Senior Teaching Pastor Jim Supp — Reston Bible Church — Sunday, October 18, 2026

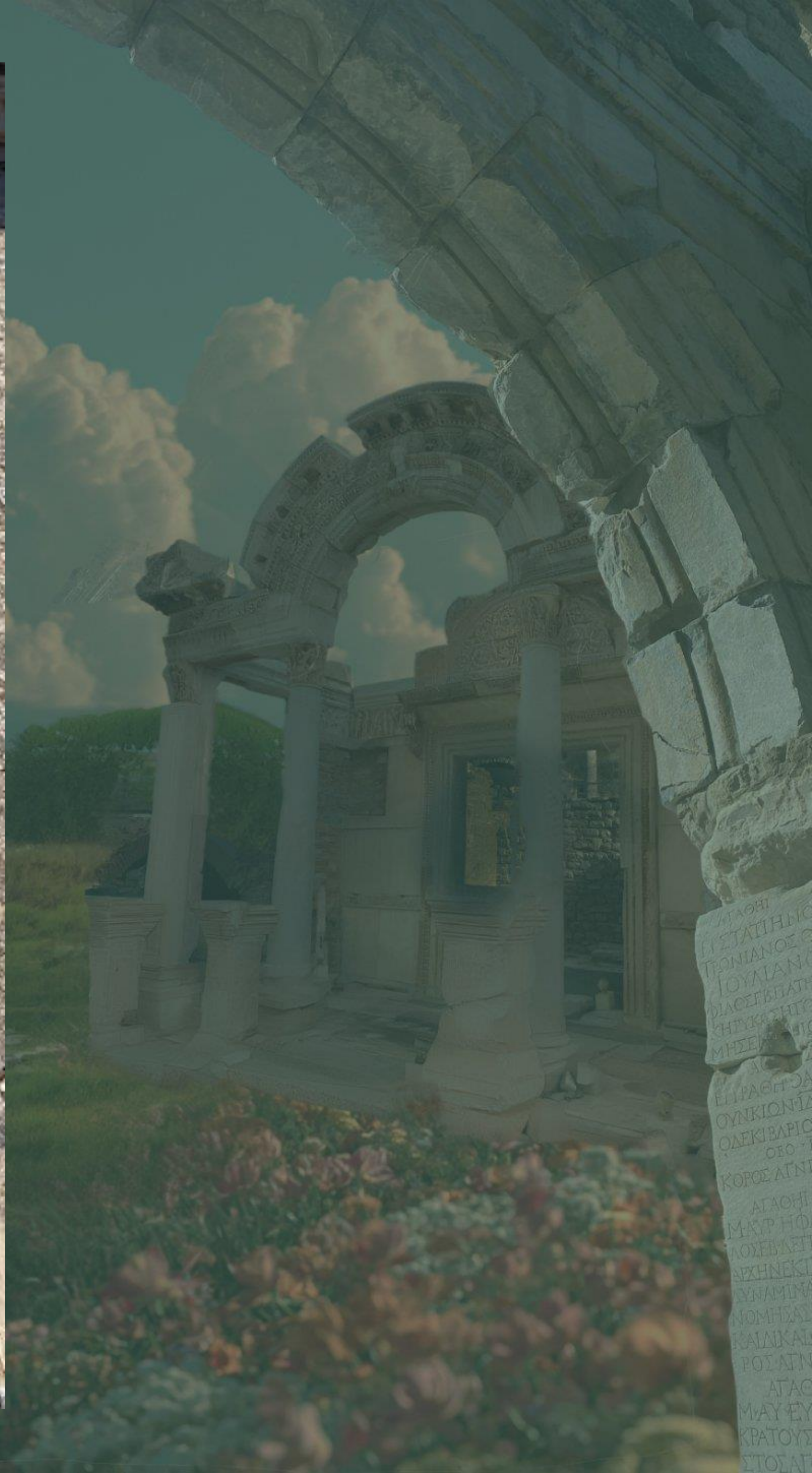
1. Introduction

To The City of Ephesus:







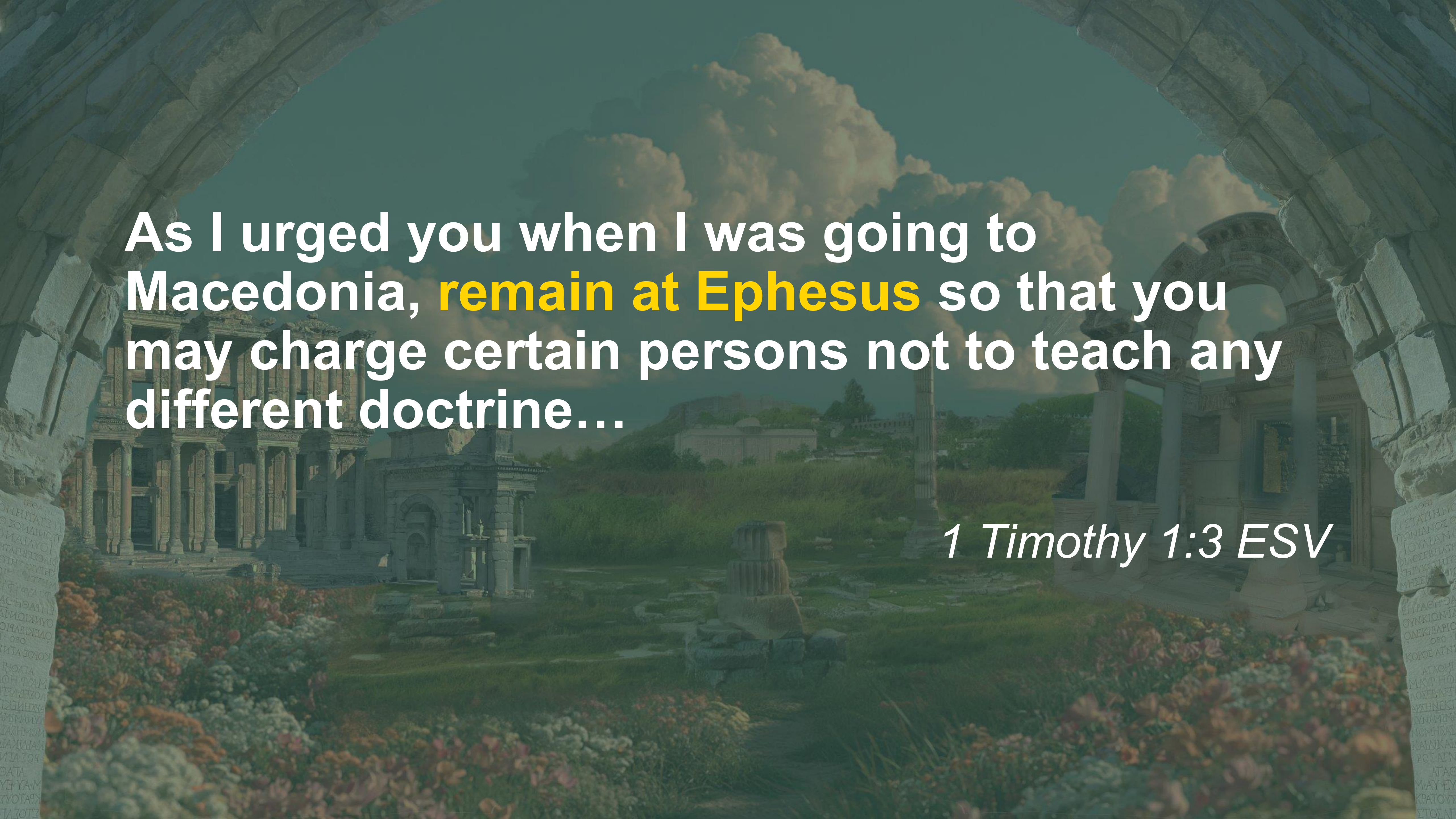




Temple of Artemis

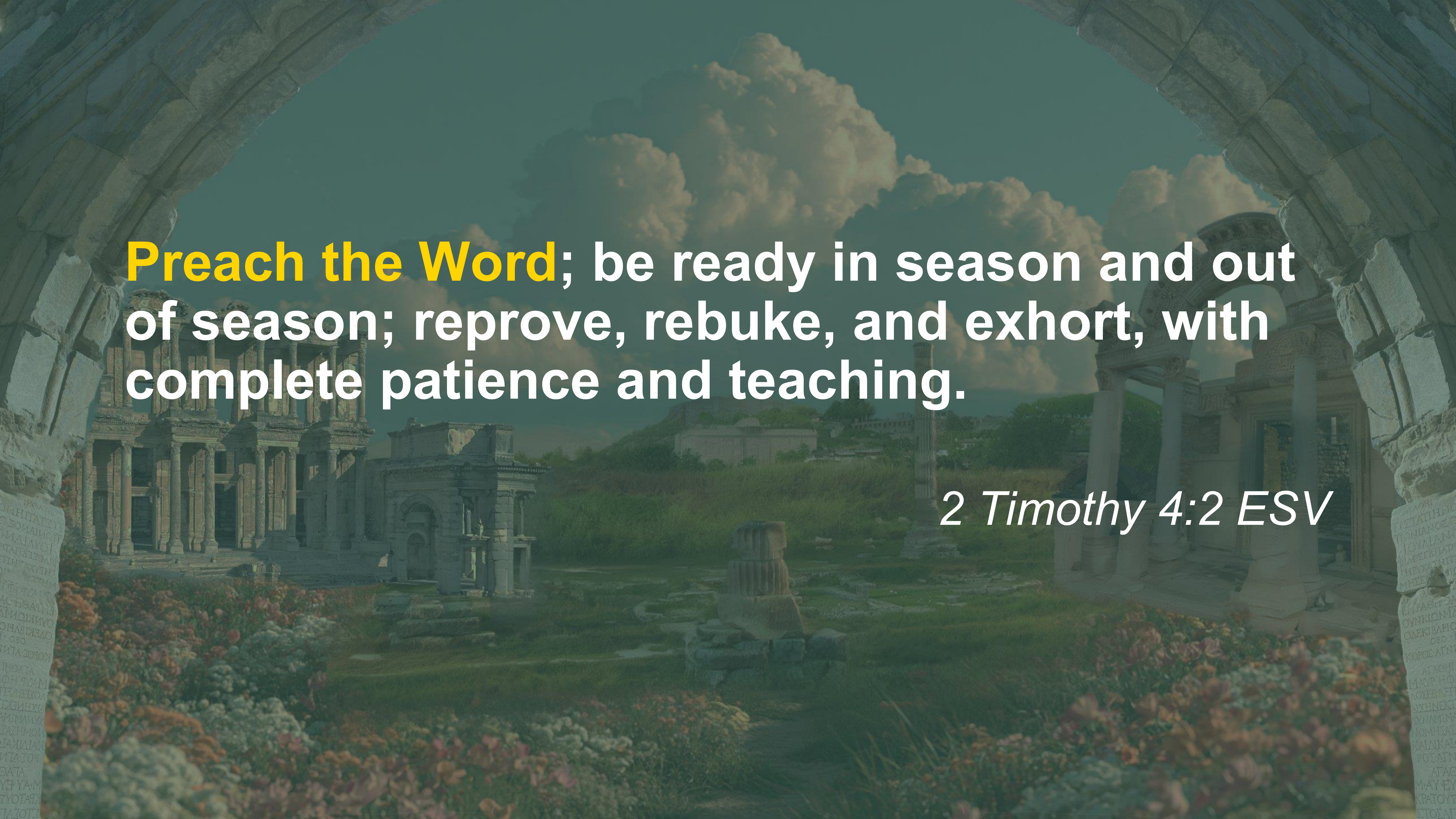
To The Book Of Ephesians:



A background image of ancient ruins in Ephesus, Turkey, featuring the Temple of Apollo and the Theatre of Mithras. The scene is framed by a large stone archway in the foreground. The ruins are surrounded by green grass and wildflowers. The sky is blue with white clouds. The text is overlaid on the image in a white, sans-serif font. The words 'remain at Ephesus' are highlighted in yellow.

As I urged you when I was going to
Macedonia, **remain at Ephesus** so that you
may charge certain persons not to teach any
different doctrine...

1 Timothy 1:3 ESV

The background image shows a scene of ancient ruins, possibly in Greece or Rome, viewed through a large stone archway. In the distance, there are several classical buildings with columns and pediments, some of which are partially ruined. The foreground is filled with lush green grass and numerous colorful flowers in shades of pink, purple, and white. The sky is a deep blue with large, white, fluffy clouds. The overall atmosphere is serene and historical.

Preach the Word; be ready in season and out of season; reprove, rebuke, and exhort, with complete patience and teaching.

2 Timothy 4:2 ESV

Purpose





As He Loves: Doctrine & Devotion In The Book Of Ephesians

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- The background of the slide is a photograph of ancient stone ruins, likely the Temple of Apollo in Side, Turkey. The scene is viewed through a large, arched stone opening in the foreground. In the distance, another well-preserved temple with multiple columns stands on a hill. The foreground is filled with a dense field of colorful wildflowers in shades of purple, pink, and orange. The sky is filled with large, white, fluffy clouds. Overlaid on the center of the image is a list of five items, each preceded by a white bullet point. The text is in a clean, white, sans-serif font.
- **Grace 12 times**
 - **Glory 8 times**
 - **Inheritance 4 times**
 - **Riches 5 times**
 - **Fullness/Filled 7 times**

2. Greeting

Paul, an **apostle** of Christ Jesus by the **will of God**, To the **saints** who are in Ephesus, and are faithful in Christ Jesus: Grace to you and peace from God our Father and the Lord Jesus Christ.

Ephesians 1:1-2 ESV

Apostle

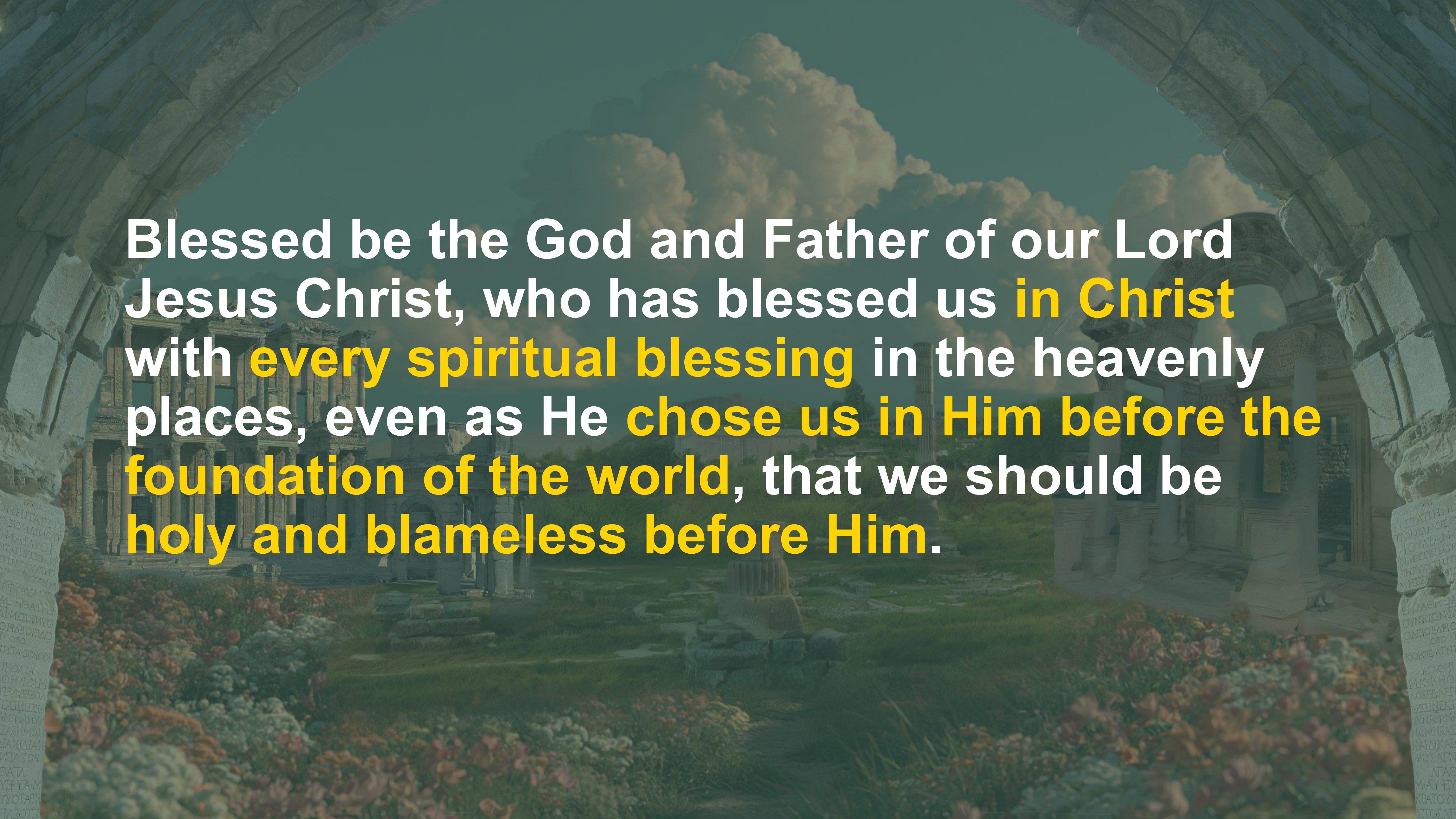


Commissioned By God's Will

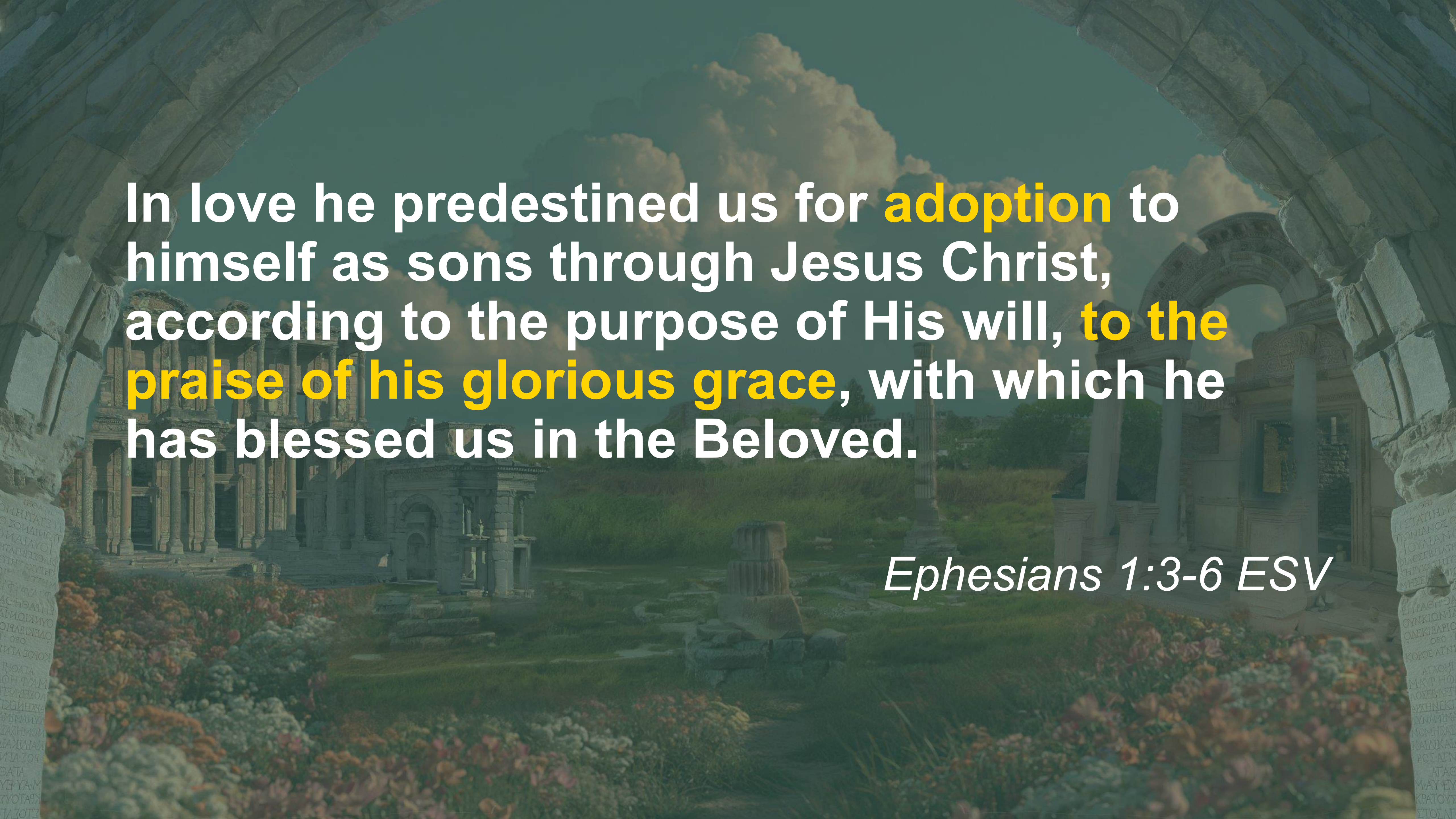




Saints: set apart ones dedicated to God



Blessed be the God and Father of our Lord Jesus Christ, who has blessed us **in Christ** with **every spiritual blessing** in the heavenly places, even as He **chose us in Him before the foundation of the world**, that we should be **holy and blameless before Him**.



In love he predestined us for **adoption** to himself as sons through Jesus Christ, according to the purpose of His will, **to the praise of his glorious grace**, with which he has blessed us in the Beloved.

Ephesians 1:3-6 ESV

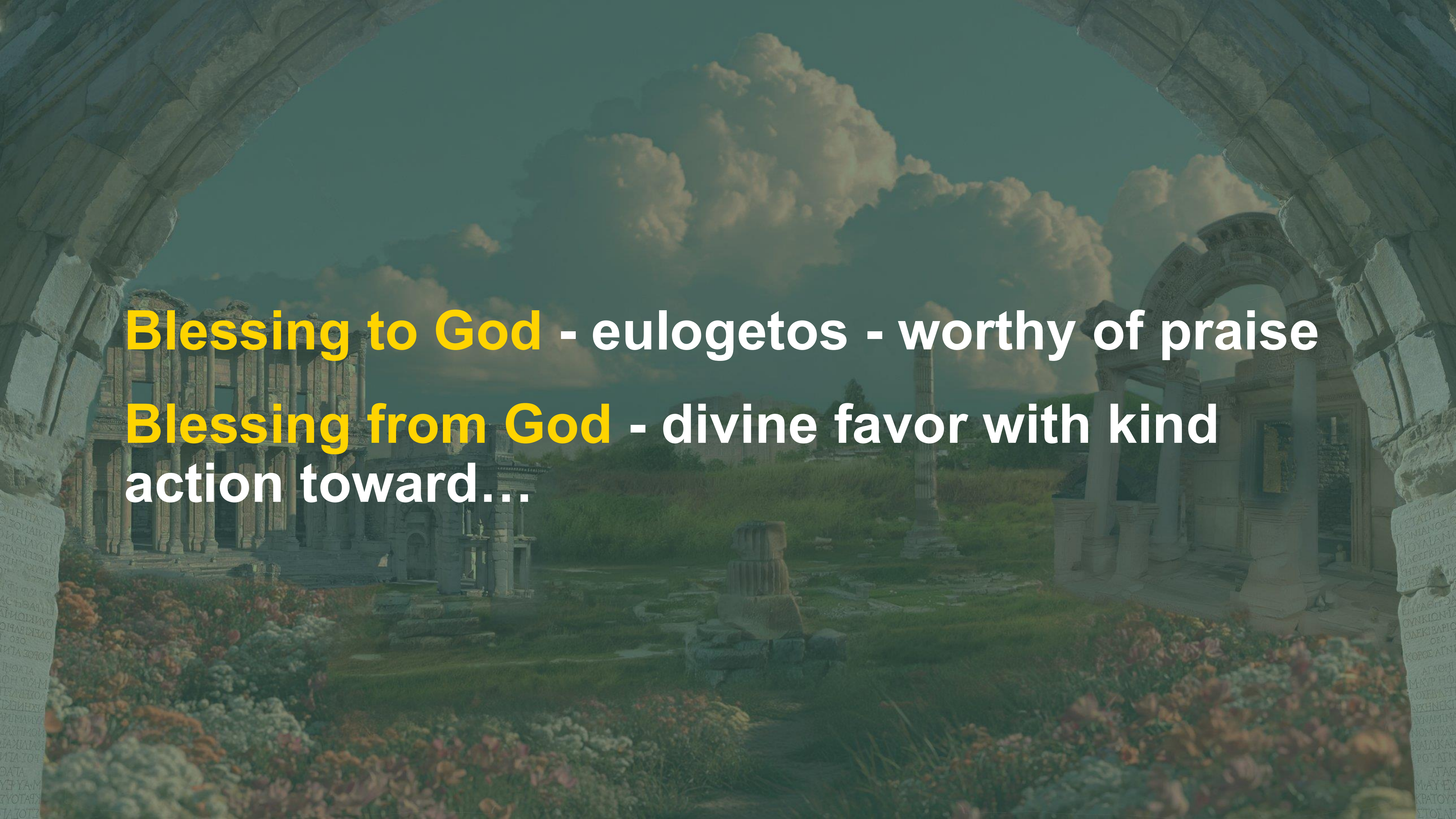
3. Foundation: All We Have In Christ



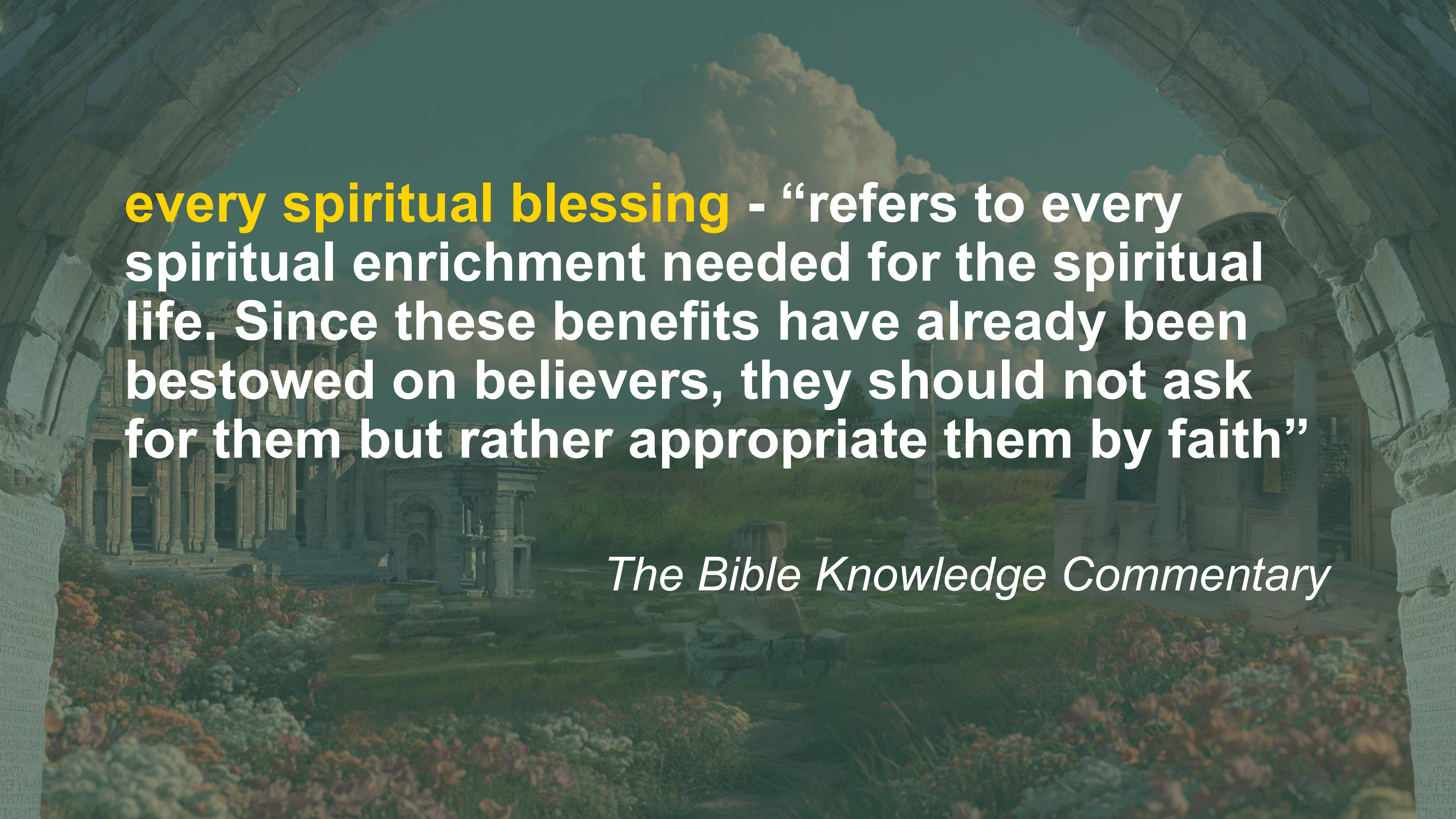
Spiritual Blessing In The Heavenly Places

Blessed be the God and Father of our Lord
Jesus Christ, who has blessed us **in Christ**
with **every spiritual blessing** in the **heavenly**
places...

Ephesians 1:3 ESV

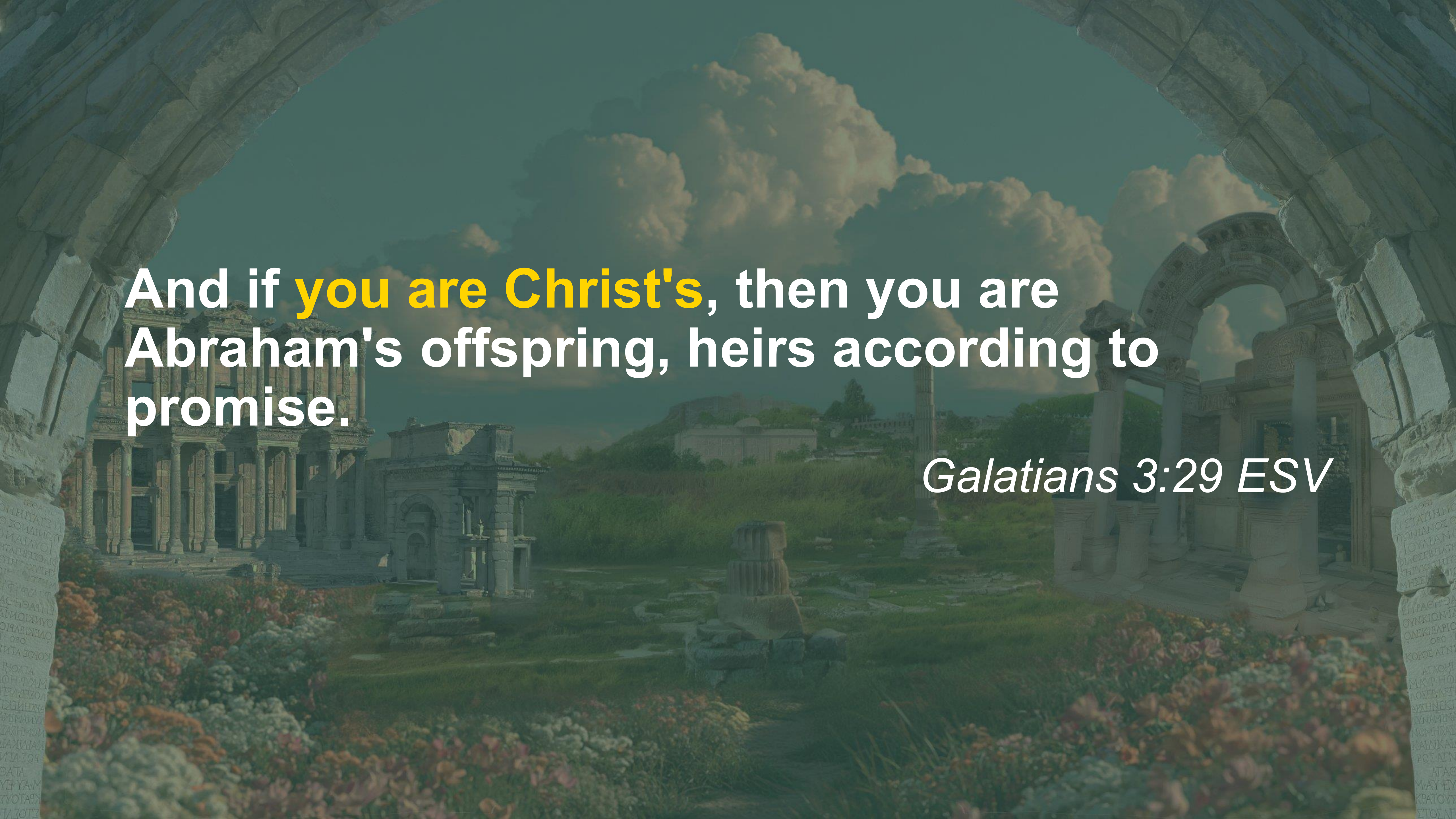
The background image shows a scene of ancient ruins, likely the Temple of Apollo in Side, Turkey. In the foreground, there are stone pillars and arches, some of which are partially covered by a semi-transparent dark teal overlay. The middle ground features a large, well-preserved temple with a series of columns. The background shows a landscape with more ruins and a sky filled with large, white, fluffy clouds. The overall tone is historical and majestic.

Blessing to God - eulogetos - worthy of praise
Blessing from God - divine favor with kind
action toward...



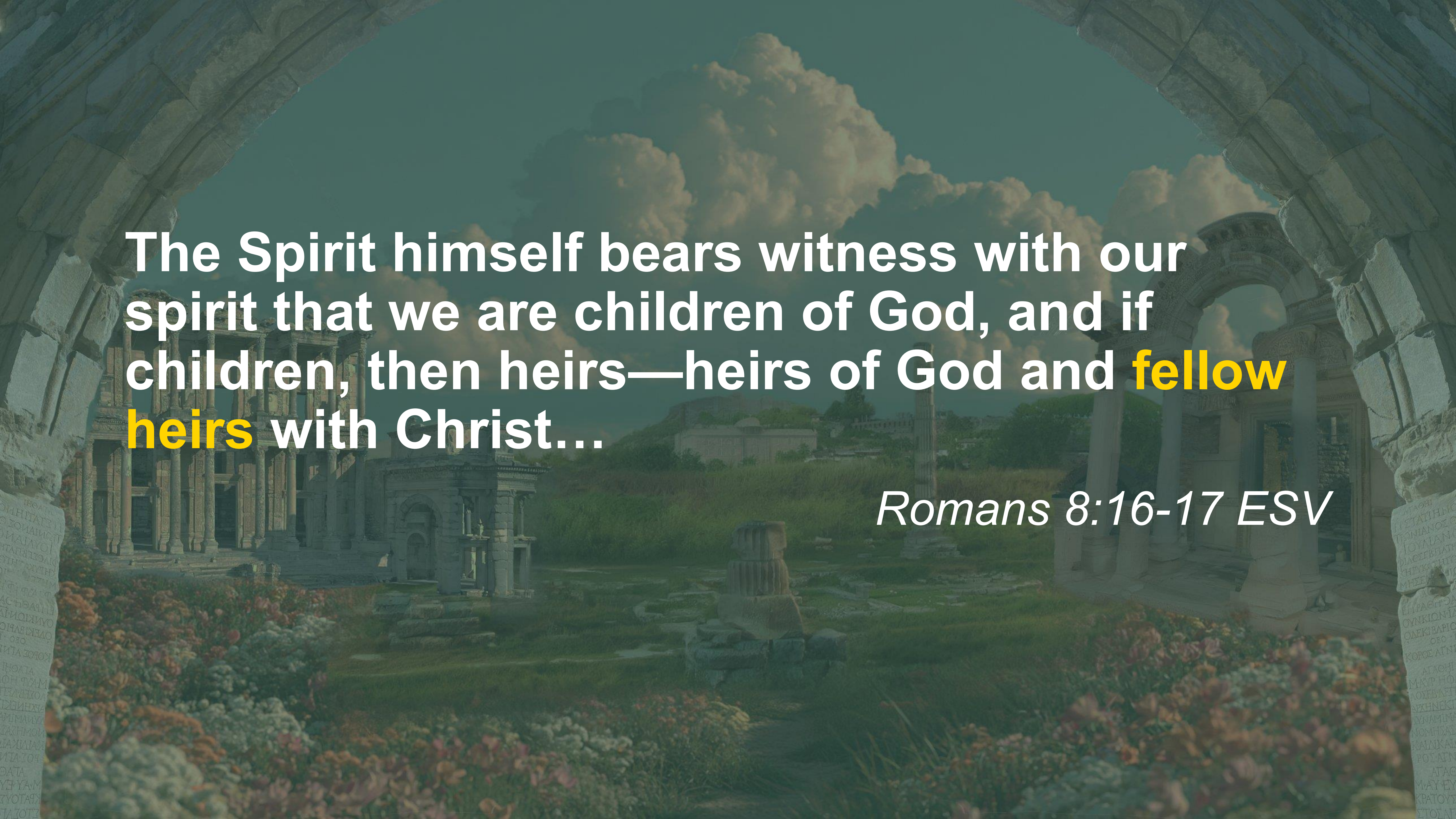
every spiritual blessing - “refers to every spiritual enrichment needed for the spiritual life. Since these benefits have already been bestowed on believers, they should not ask for them but rather appropriate them by faith”

The Bible Knowledge Commentary

The background image shows a vast landscape of ancient ruins. In the foreground, a large, dark stone archway frames the view. Beyond the arch, there are several classical buildings with columns and pediments, some in various states of ruin. The ground is covered with green grass and patches of colorful flowers in shades of pink, orange, and white. In the distance, a hill with more ruins is visible under a sky filled with large, white, fluffy clouds. The overall tone is somewhat somber due to the dark overlay, but the scene is rich in detail and color.

And if **you are Christ's**, then you are
Abraham's offspring, heirs according to
promise.

Galatians 3:29 ESV



The Spirit himself bears witness with our
spirit that we are children of God, and if
children, then heirs—heirs of God and **fellow
heirs** with Christ...

Romans 8:16-17 ESV



Heavenly Places: realm of unseen forces

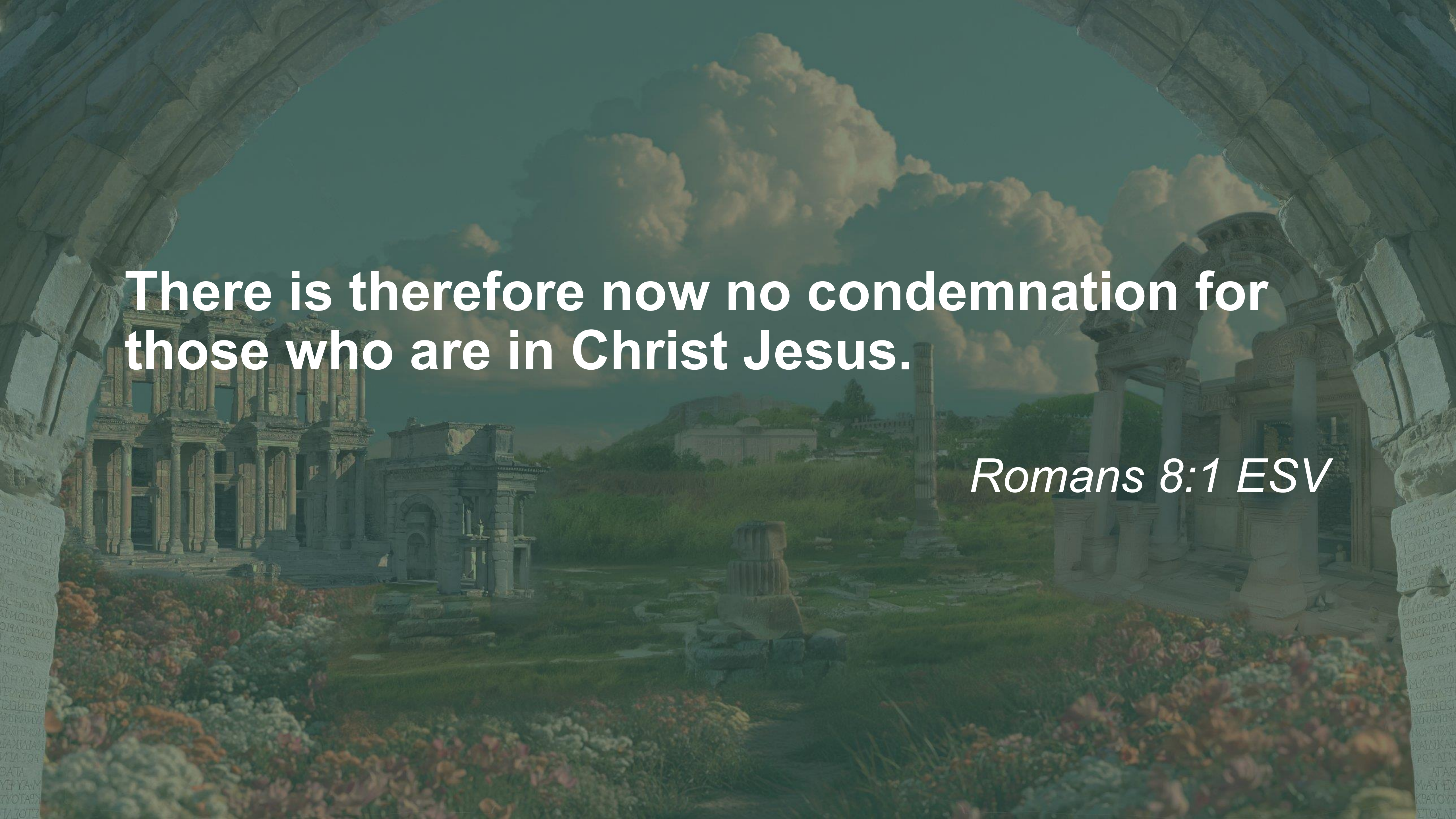
Chosen To Be Holy And Blameless Before Him

...even as He chose us in Him before the foundation of the world, that we should be holy and blameless before Him.

Ephesians 1:4 ESV

A photograph of ancient stone ruins, possibly a temple or forum, with a large archway in the foreground framing the scene. The ruins are surrounded by green grass and wildflowers. The sky is filled with large, white, fluffy clouds. The text "Holy and Blameless: set apart and free from moral defect" is overlaid in the center of the image.

Holy and Blameless: set apart and free
from moral defect



**There is therefore now no condemnation for
those who are in Christ Jesus.**

Romans 8:1 ESV

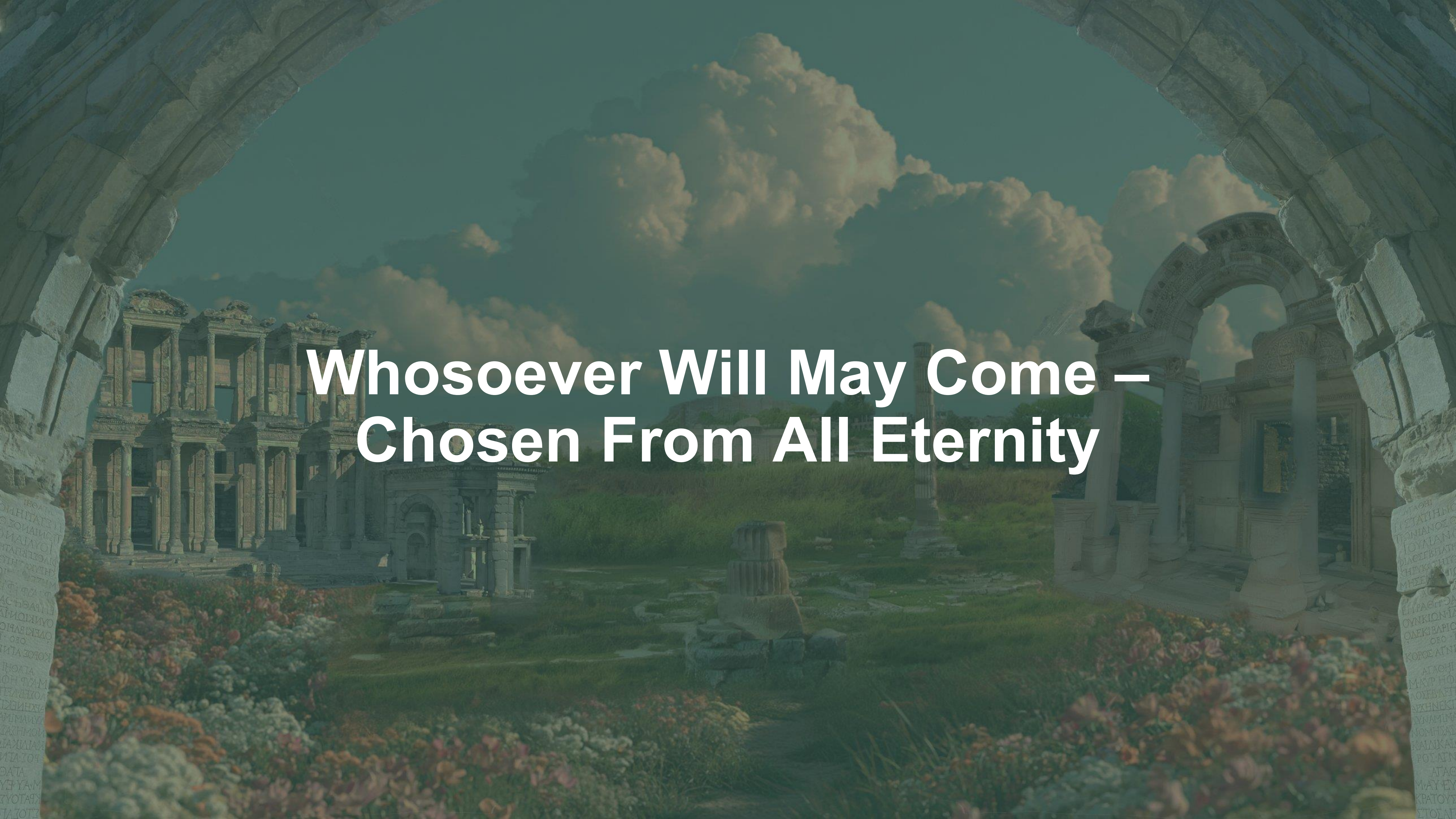
Adopted Children

In love he **predestined** us for **adoption** to himself as sons through Jesus Christ, according to the purpose of His will...

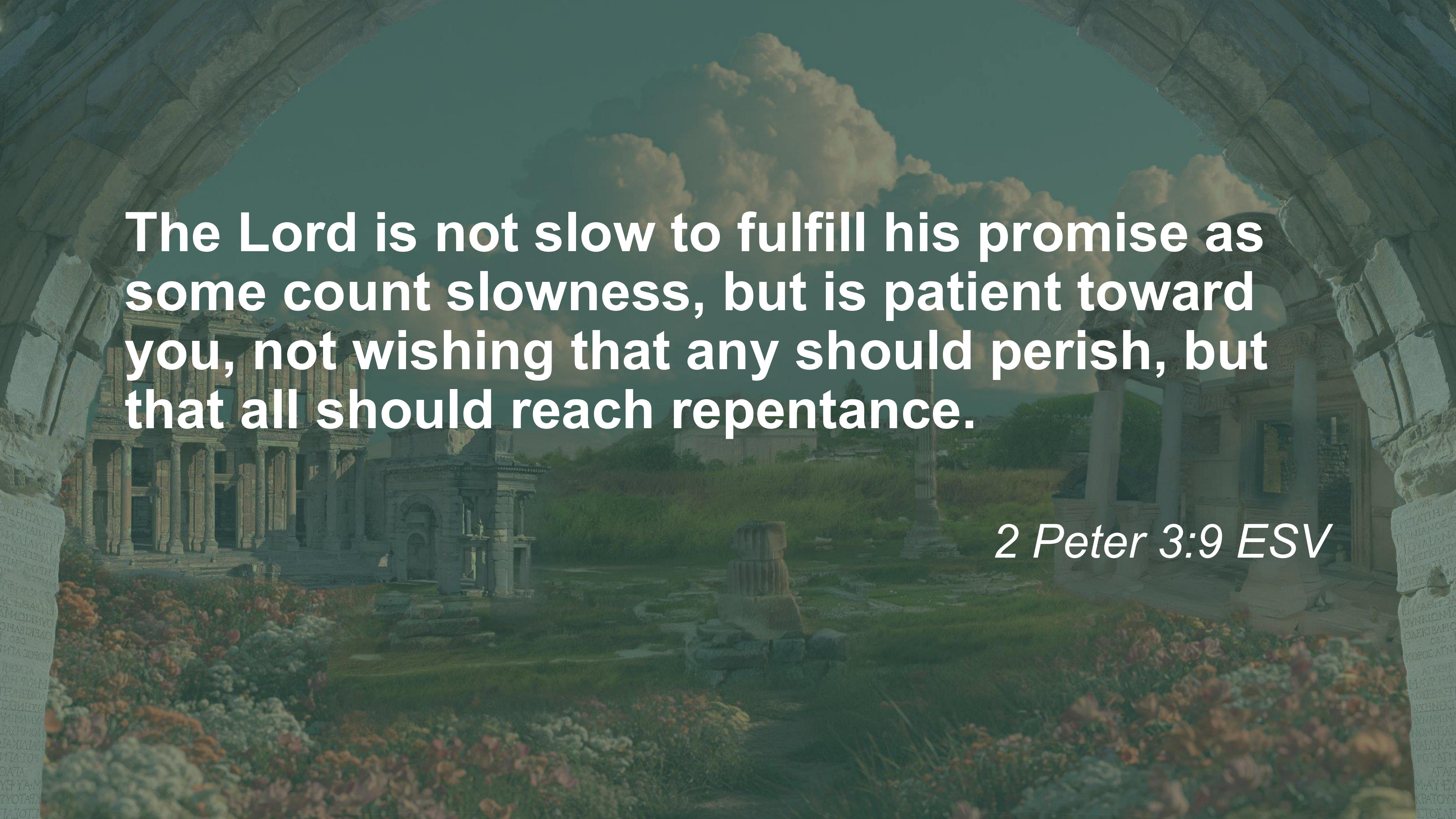
Ephesians 1:4-5 ESV



In Love Predestined



**Whosoever Will May Come –
Chosen From All Eternity**



The Lord is not slow to fulfill his promise as
some count slowness, but is patient toward
you, not wishing that any should perish, but
that all should reach repentance.

2 Peter 3:9 ESV

Adoption





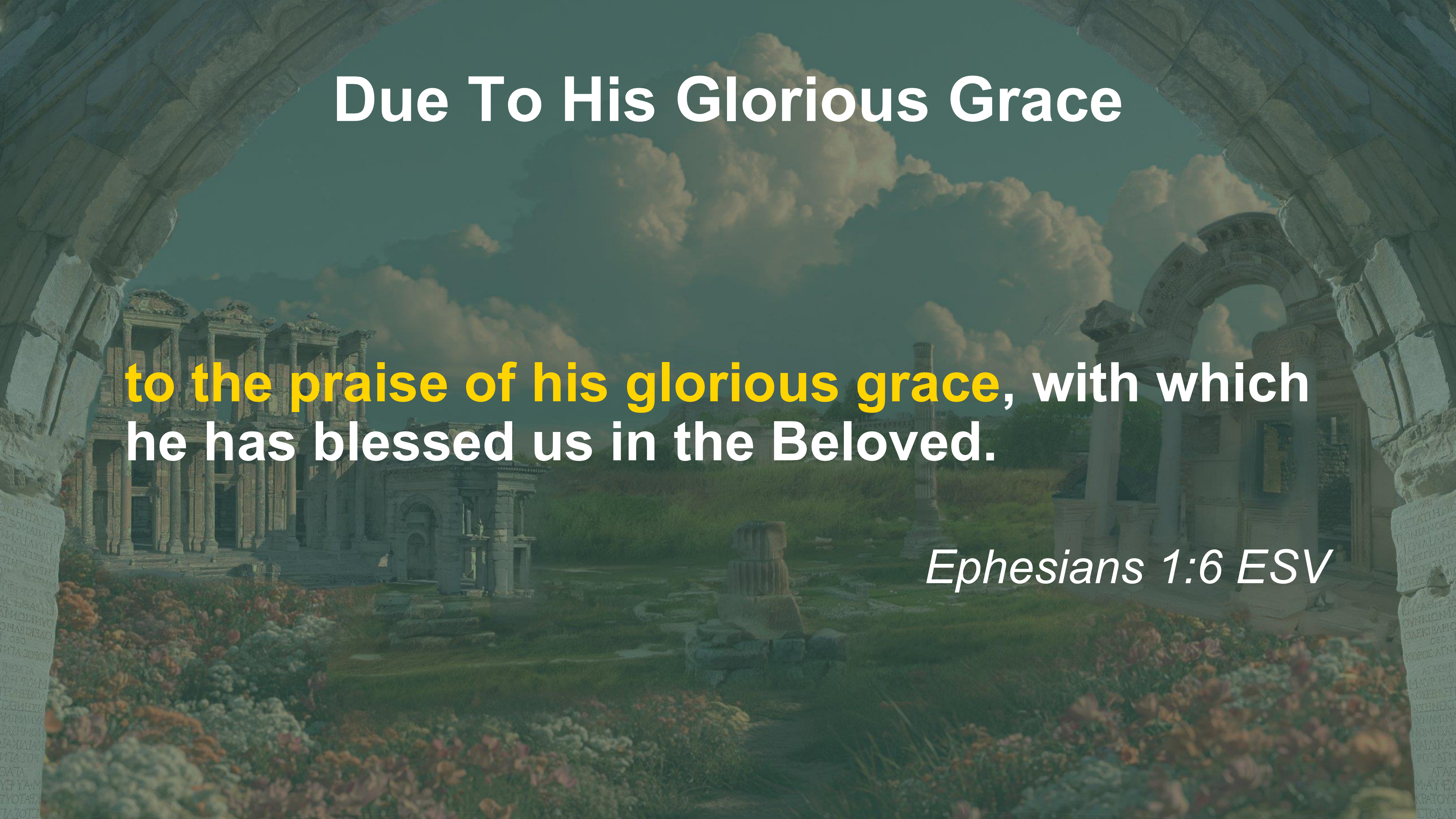
Julius Caesar



Augustus Caesar



Tiberius Caesar



Due To His Glorious Grace

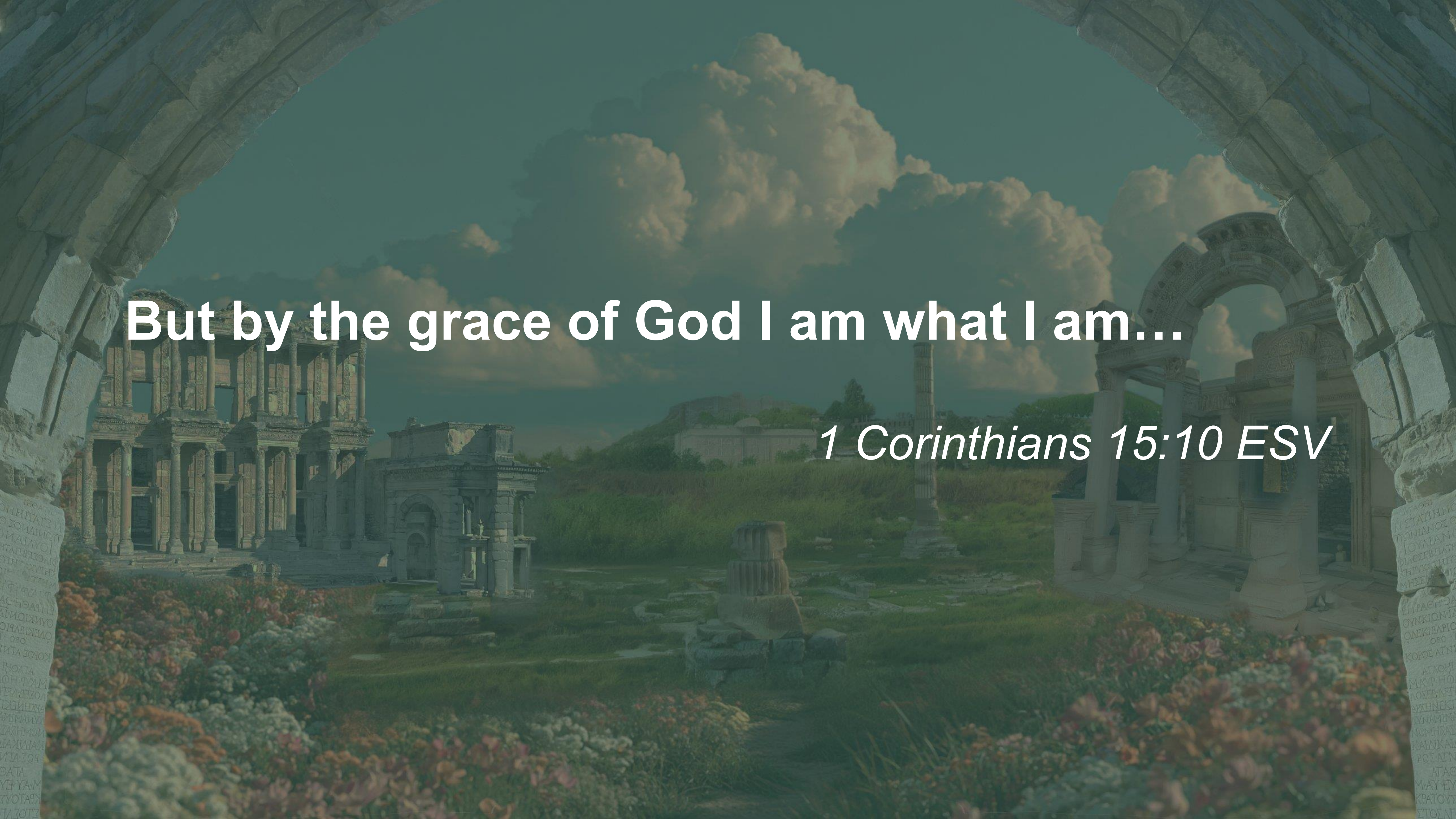
to the praise of his glorious grace, with which
he has blessed us in the Beloved.

Ephesians 1:6 ESV



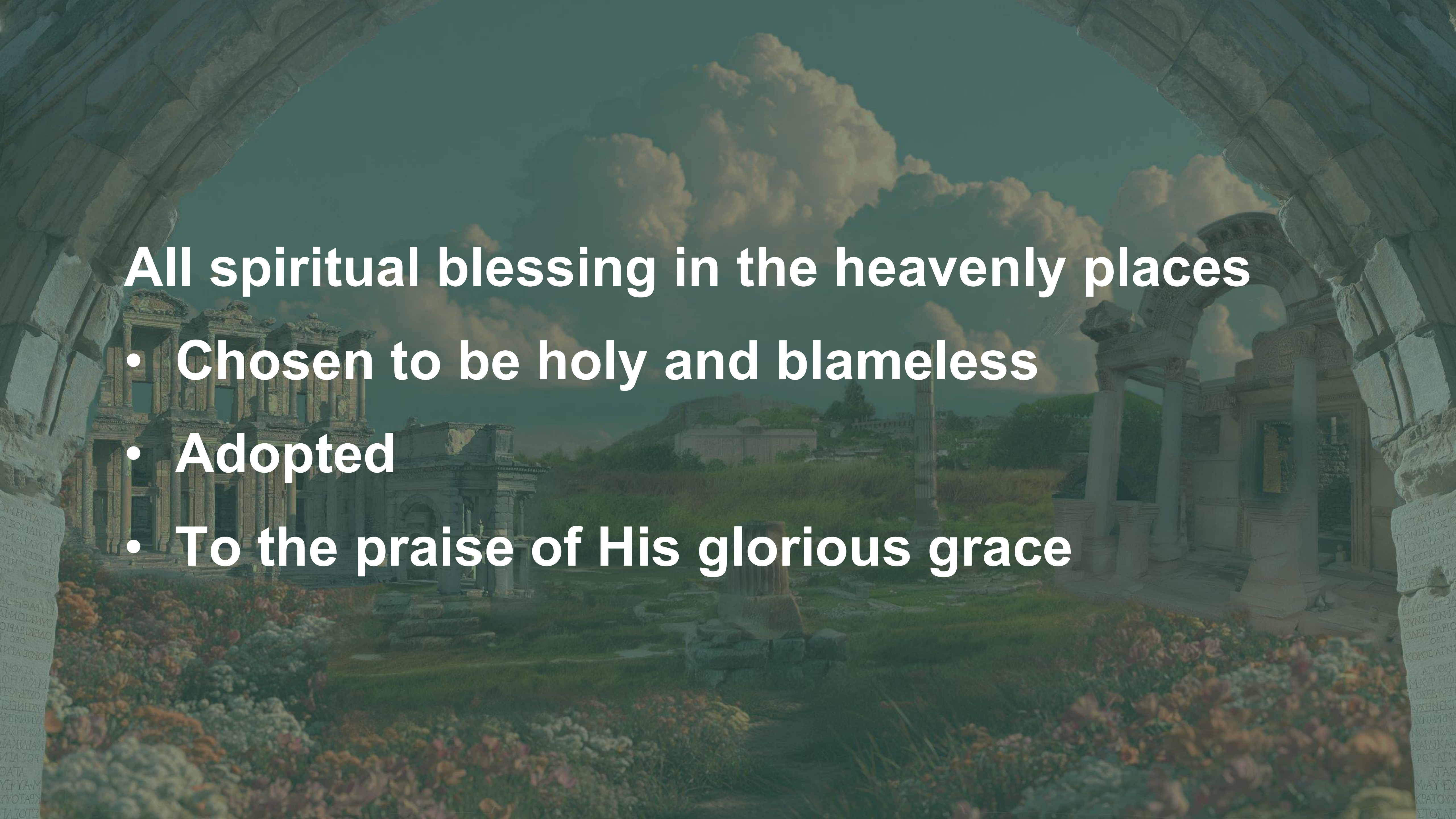
**“There but for the grace
of God, go I.”**

John Bradford



But by the grace of God I am what I am...

1 Corinthians 15:10 ESV

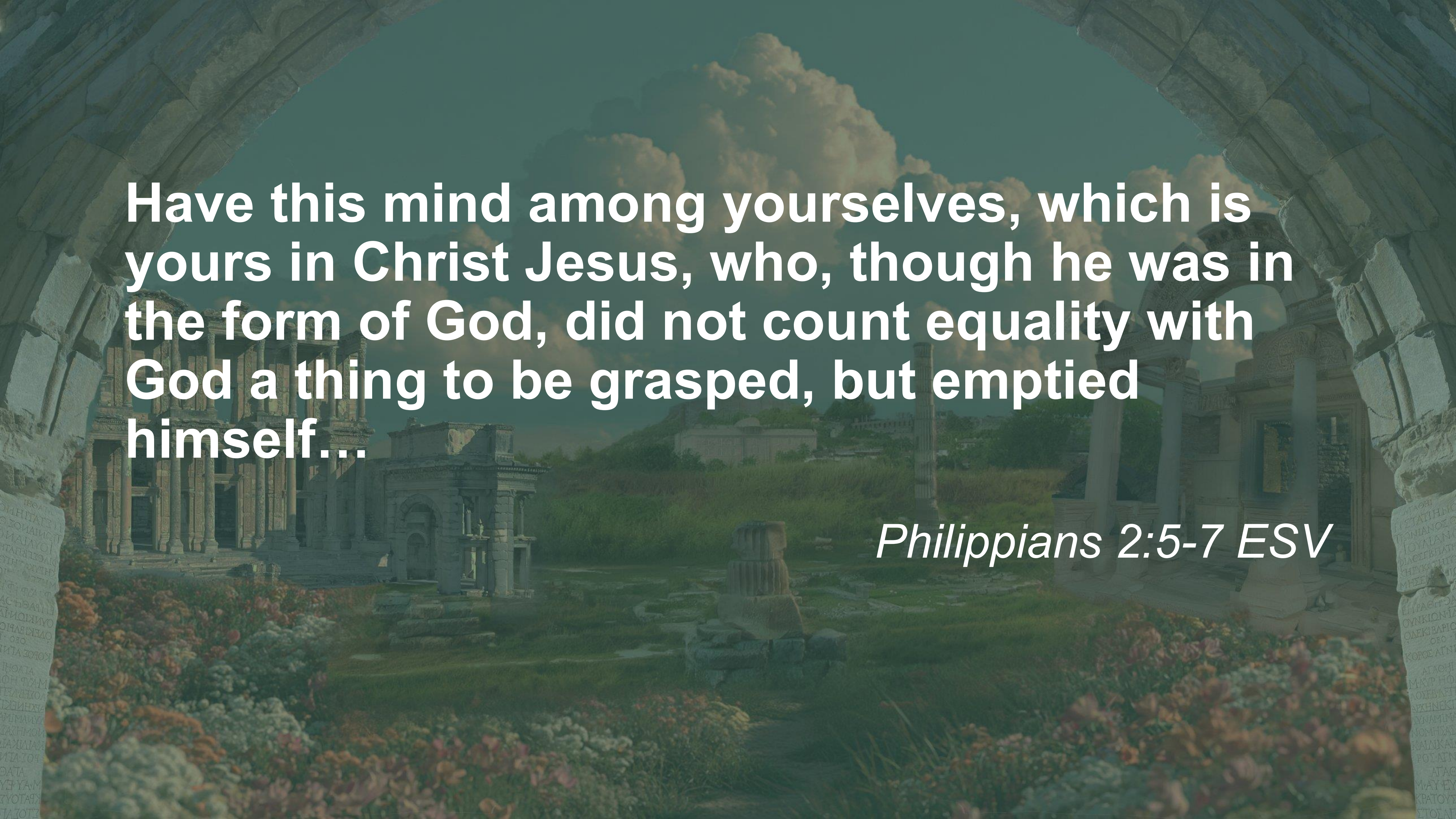


All spiritual blessing in the heavenly places

- **Chosen to be holy and blameless**
- **Adopted**
- **To the praise of His glorious grace**

1. Embrace Who You Are In Christ





Have this mind among yourselves, which is yours in Christ Jesus, who, though he was in the form of God, did not count equality with God a thing to be grasped, but emptied himself....

Philippians 2:5-7 ESV

2. Relentlessly Root Out Sin

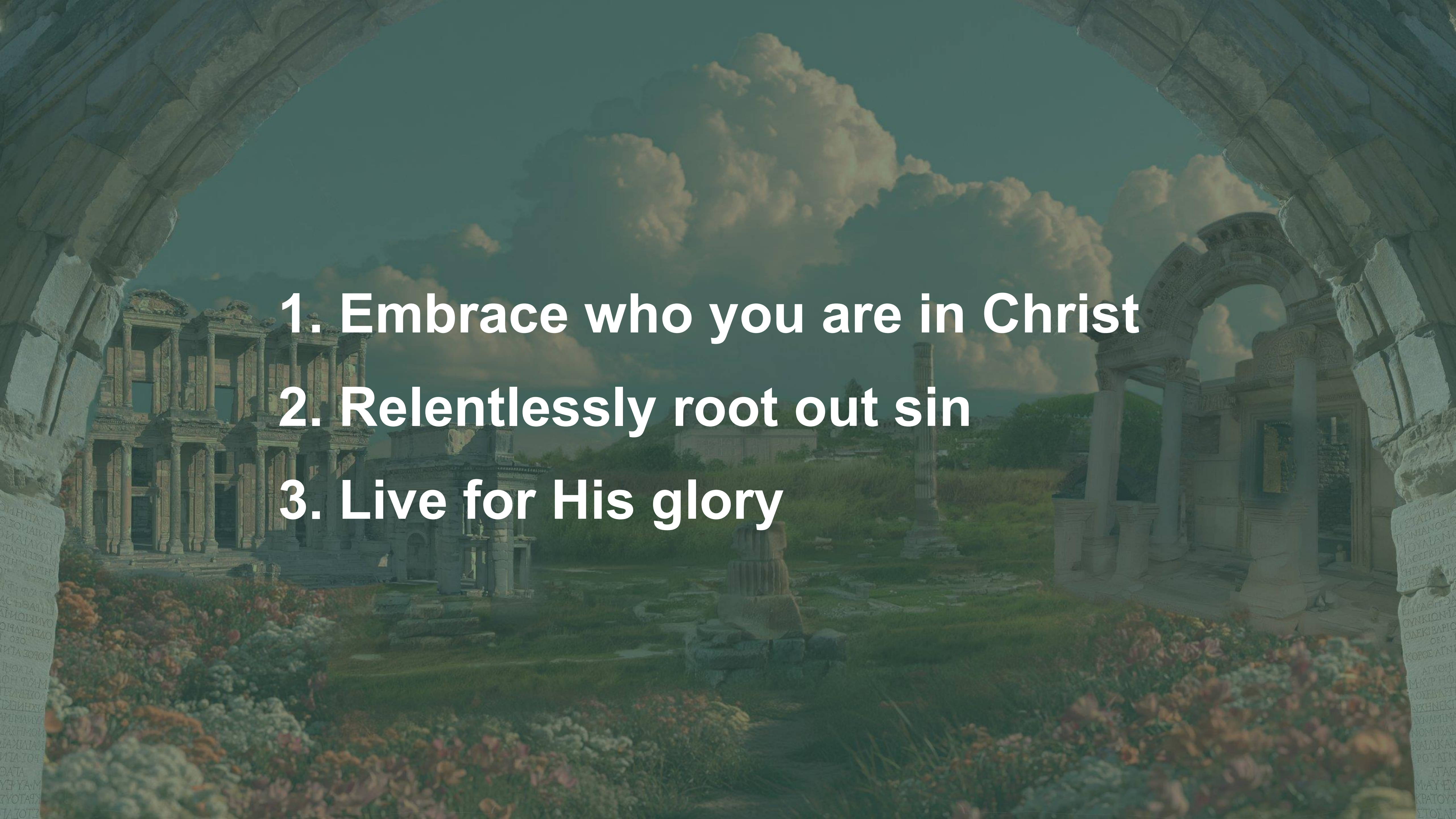
Put to death therefore what is earthly in you...
In these you too once walked, when you were
living in them. But now you must put them all
away...

Colossians 3:5, 7-8 ESV

3. Live For His Glory

And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

Colossians 3:17 ESV

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1. Embrace who you are in Christ
 2. Relentlessly root out sin
 3. Live for His glory