

Sexual Wholeness Resources for Parents

WEB RESOURCES:

Google Safety Center For Families: safety.google/families

Internet Matters: www.internetmatters.org (great information on protection for your kids)

Cyber tip line: report.cybertip.org (tip line and resources for reporting child sexual exploitation)

Netsmartz Workshop: www.netsmartz.org (resources for dealing with online sexual predators)

Accountability Software (External Monitoring) : EverAccountable.com [CovenantEyes](http://CovenantEyes.com), [Accountable2You](http://Accountable2You.com), [Lion Accountability Browser](http://LionAccountability.com)

Software Filters: [Net Nanny](http://NetNanny.com), [ChildSafe](http://ChildSafe.com), [CovenantEyes](http://CovenantEyes.com), [OpenDNS](http://OpenDNS.com), [Google SafeSearch](http://GoogleSafeSearch.com), [Bark](http://Bark.com), [Canopy](http://Canopy.com)

BOOK RESOURCES:

TITLE	AGE	AUTHOR(S)
What's the Big Deal	8-11	Stan & Brenna Jones
Facing the Facts	11-14	Stan & Brenna Jones
Almost 12	11	Kenneth Taylor
So You're About to Be a Teenager	Pre-teen	Dennis & Barbara Rainey
Finally Free	Pre-teen/Teen	Heath Lambert
Young Man in the Mirror	Teen	Patrick Morley
Every Young Man's Battle	Teen	Stephen Arterburn
Why Say No When My Hormones Say Go?	Teen	Emily Parke Chase
And the Bride Wore White (For Girls)	Teen	Dannah Gresh
Who Moved the Goalpost (For Boys)	Teen	Bob Gresh
Wait for Me	Teen	Rebecca St. James
Passion & Purity	18+	Elisabeth Elliot
Preparing Your Son For Every Man's Battle	Parent	Stephen Arterburn & Fred Stoeker
10 Things I Want My Daughter to Know	Parent	Annie Chapman
10 Things I Want My Son to Know	Parent	Steve Chapman
Sex: More Than a Plumbing Session	Parent	Amy Scheuring

TITLE	AGE	AUTHOR(S)
How Babies Are Made	3+	Alastair Smith
Why Boys & Girls Are Different	3-5	Carol Greene
Where Do Babies Come From	6-8	Ruth Hummel
How You Are Changing	8-11	Jane Graver

**Much of the info above is a compilation of materials recommended by [Pure Desire Ministries](#). Though we trust these resources will be helpful to you, please note that not all have been thoroughly vetted by RBC staff.*

ONLINE ARTICLES:

Family Online Safety Institute (Family Online Safety Contract): <https://fosi.org/wp-content/uploads/2025/03/FOSI-Safety-Agreement-13-and-under.pdf>

Medical Studies on the Effects of Digital Media on Youth & Children:
http://pediatrics.aappublications.org/content/140/Supplement_2

Filtering + Accountability + Humility: Protecting You & Your Family from Internet Pornography:
<https://churchleaders.com/outreach-missions/outreach-missions-articles/336272-filtering-accountability-humility-how-to-protect-you-and-your-family-from-internet-pornography.html>

Effects of Pornography on the Brain: Fighththenewdrug.org

Common Sense Media: [Parenting & Media Articles Archive](#)

Talking to Your Kids About Sex and Sexuality:

- [Covenanteyes.com – Parent-Child Bible Study](#)
- [Intoxicatedonlife.com – Three Things Not to Do](#)
- [Churchleaders.com – Having Tough Conversations About Porn](#)

Guides & Resources for Setting Parental Controls on Devices:

- [Commonsensemedia.org – Ultimate Parental Controls Guide](#)
- [How to Block Porn on Your Child's Devices](#)
- [PCMag – Top Picks for Parental Control Software](#)
- [CommunicateJesus.com - Accountability Software Comparison](#)

Churchleaders.com Articles - Parenting in the Age of Technology:

- [5 Ideas to Help Kids Be Smarter with Smartphones](#)
- [The 3 “Ls” of Technology for Kids](#)
- [Protecting Kids from Digital Heroin](#)
- [Helping Kids Make Healthy Choices Around Technology](#)
- [Gen Z and Technology Addiction](#)
- [Preparing a Porn-Free Family Plan](#)
- [The Good, Bad & Ugly of Screen Time for Kids](#)

** If you would like more information about other concerns / needs that might be related to this topic, contact FamilyLife@restonbible.org*