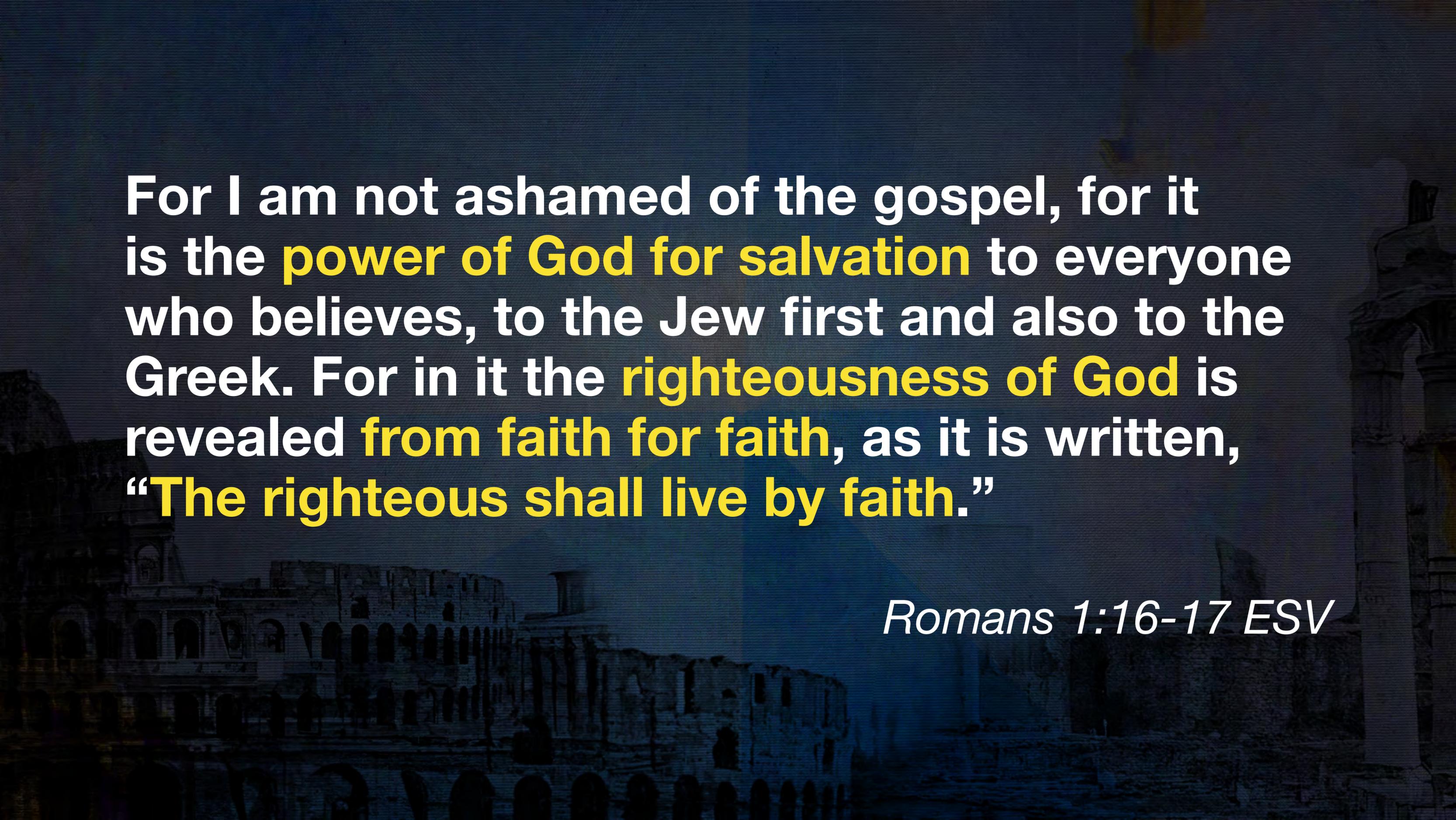




Rescued

God's Plan For Redemption Revealed In Romans
Week 11 - Life In The Spirit

Senior Teaching Pastor Jim Supp — Reston Bible Church — Sunday, March 22, 2026



For I am not ashamed of the gospel, for it is the **power of God for salvation** to everyone who believes, to the Jew first and also to the Greek. For in it the **righteousness of God** is revealed **from faith for faith**, as it is written, **“The righteous shall live by faith.”**

Romans 1:16-17 ESV

Week 11 - Life In The Spirit



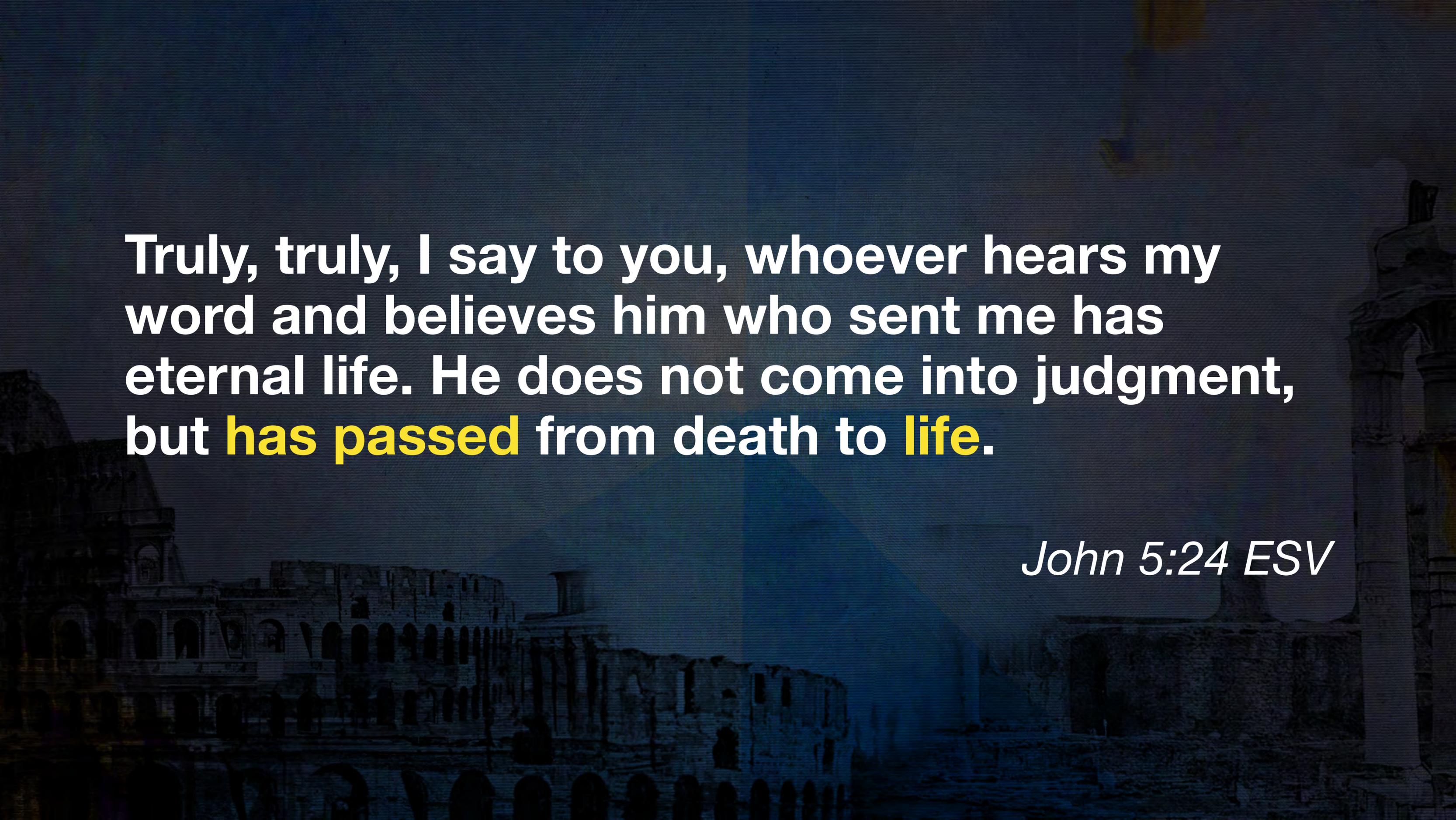
1. True Believers Are Not Condemned

There is therefore now **no condemnation** for those who are in Christ Jesus.

Romans 8:1 ESV



Condemnation: a legal decision of guilty in a criminal case.



Truly, truly, I say to you, whoever hears my word and believes him who sent me has eternal life. He does not come into judgment, but **has passed** from death to **life**.

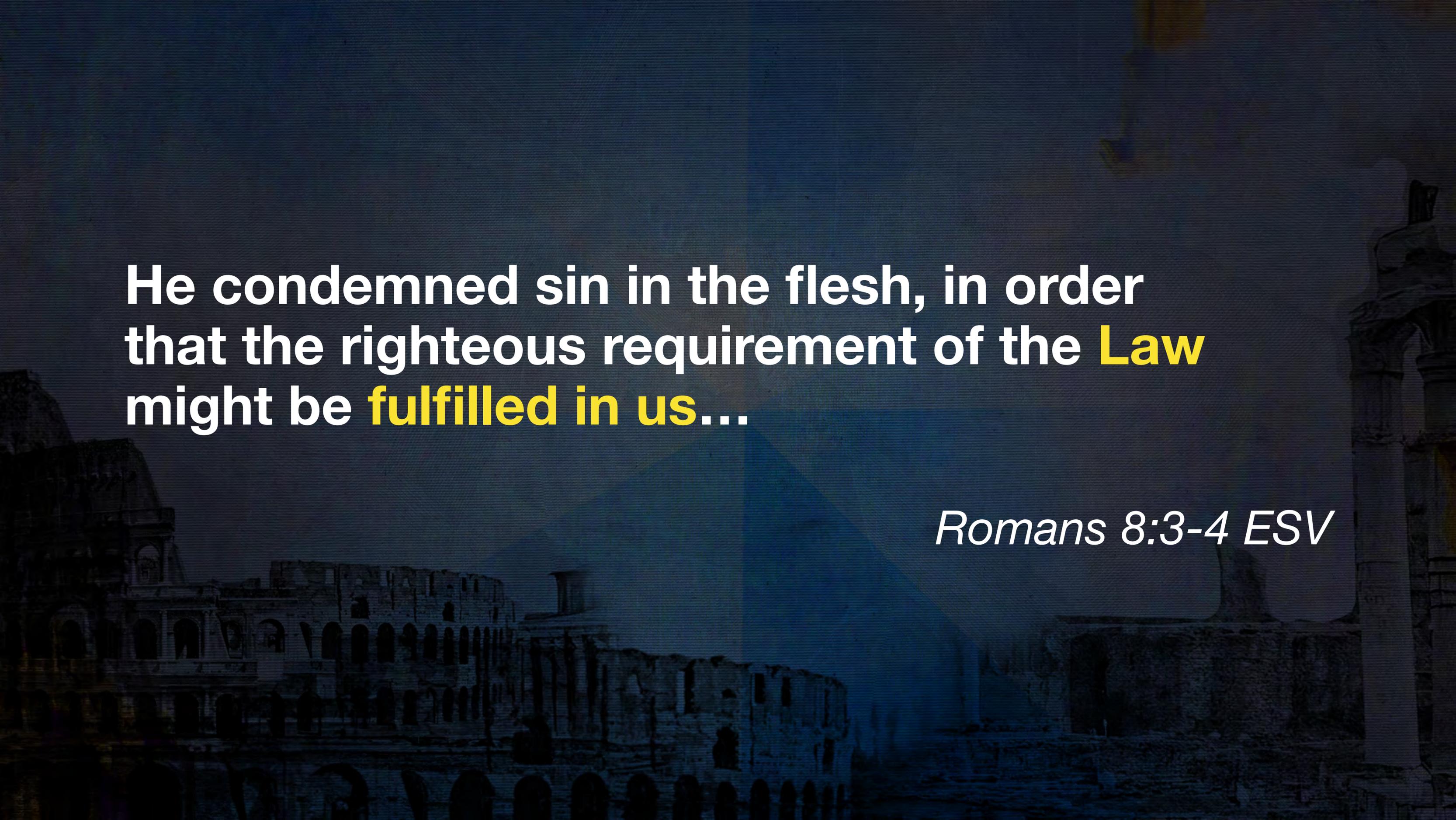
John 5:24 ESV

2. Life In The Spirit Versus Death In The Flesh

For the law of the **Spirit** of life has set you free in Christ Jesus from the law of sin and death. For God has done what the Law, weakened by the **flesh**, could not do. By sending His own Son in the likeness of sinful **flesh** and for sin, He condemned sin in the **flesh**, in order that the righteous requirement of the Law might be fulfilled in us, who walk not according to the **flesh** but according to the **Spirit**.

For those who live according to the **flesh** set their minds on the things of the **flesh**, but those who live according to the **Spirit** set their minds on the things of the **Spirit**. For to set the mind on the **flesh** is death, but to set the mind on the **Spirit** is life and peace. For the mind that is set on the **flesh** is hostile to God, for it does not submit to God's Law; indeed, it cannot. Those who are in the **flesh** cannot please God.

Romans 8:2-8 ESV

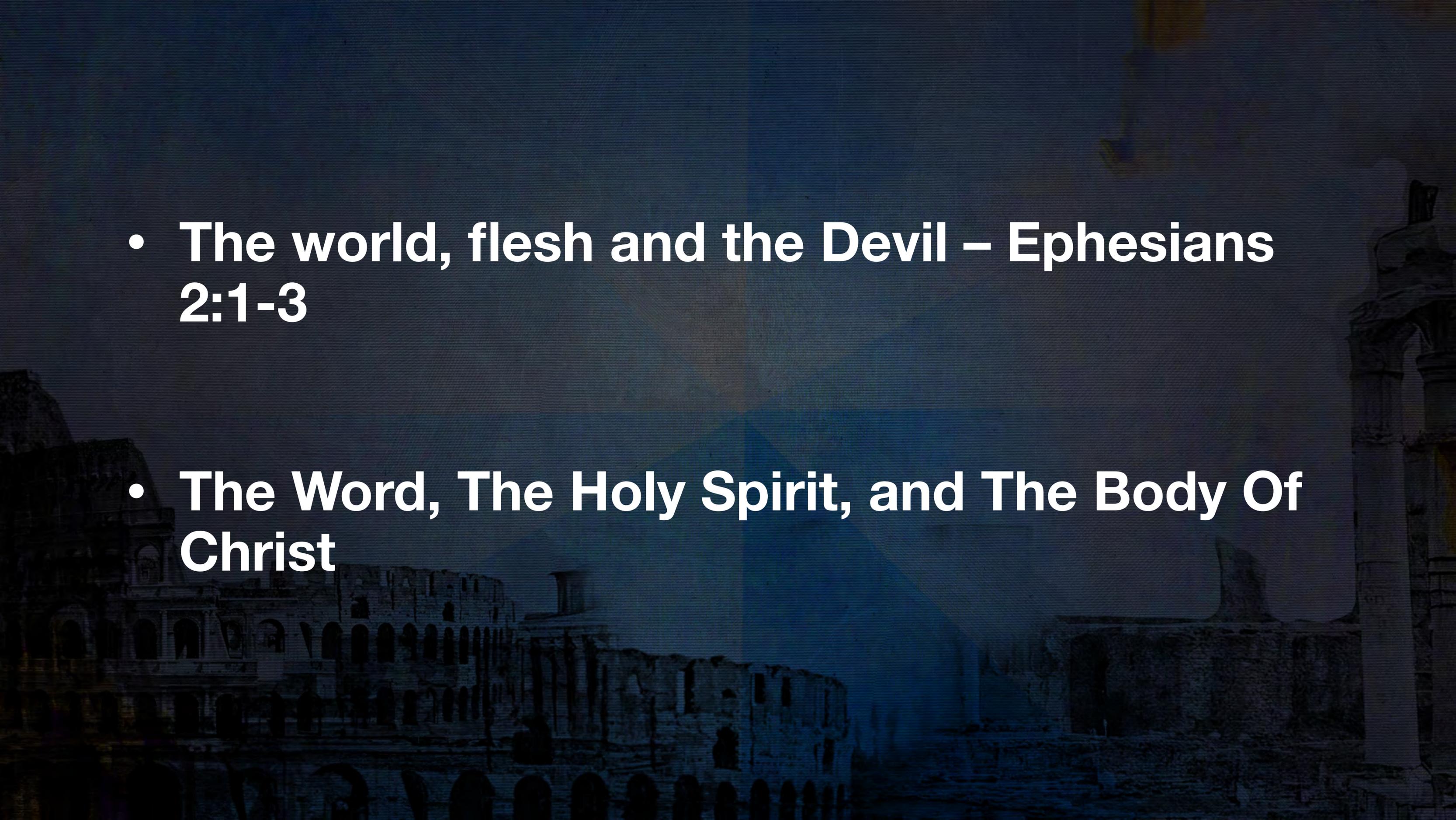


He condemned sin in the flesh, in order
that the righteous requirement of the **Law**
might be **fulfilled in us...**

Romans 8:3-4 ESV

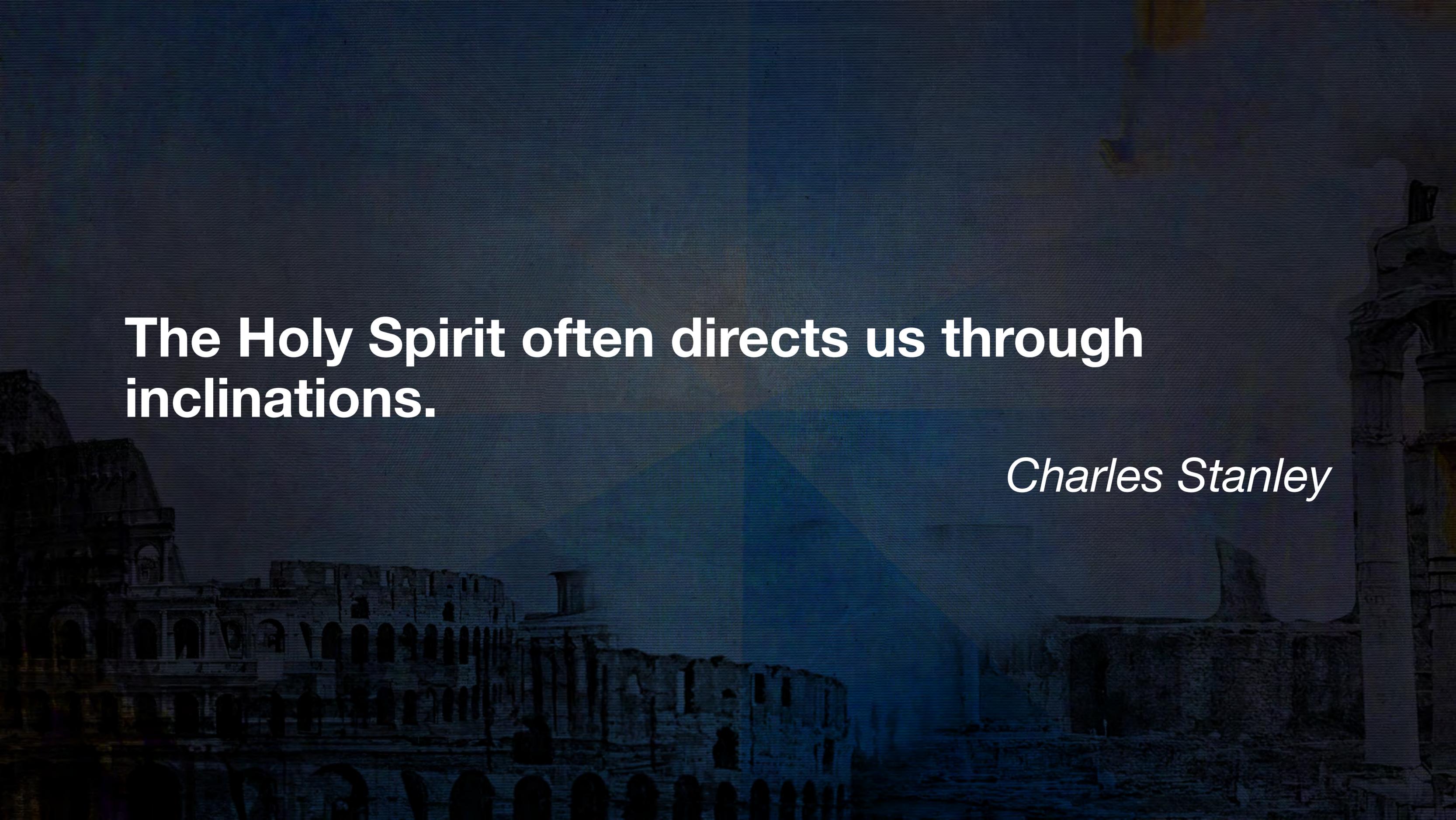
Set our minds

Mind: a habitual or characteristic mental attitude that determines how you will interpret and respond to situations.



- **The world, flesh and the Devil – Ephesians 2:1-3**

- **The Word, The Holy Spirit, and The Body Of Christ**



**The Holy Spirit often directs us through
inclinations.**

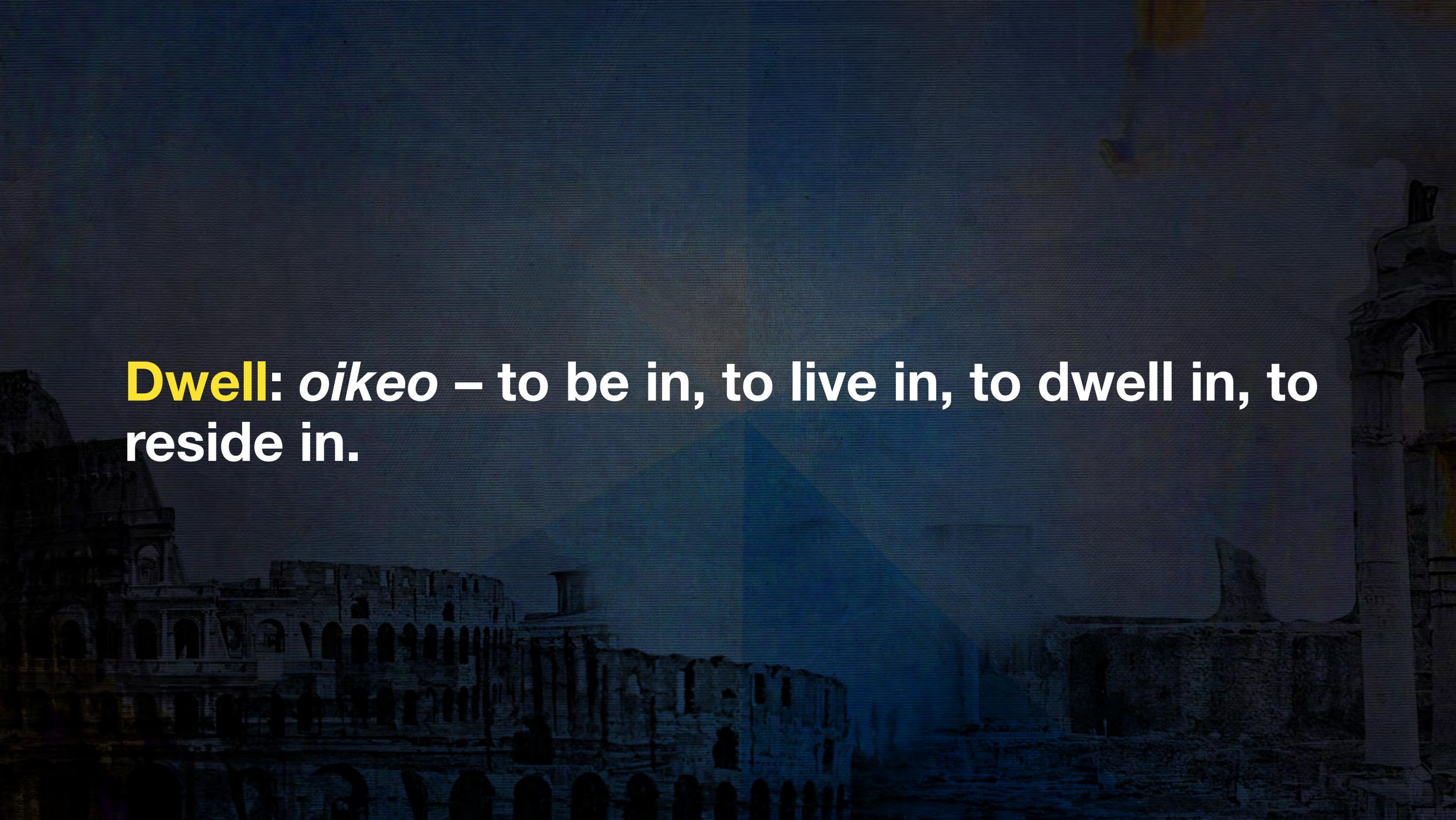
Charles Stanley

3. Believers Have The Indwelling Holy Spirit

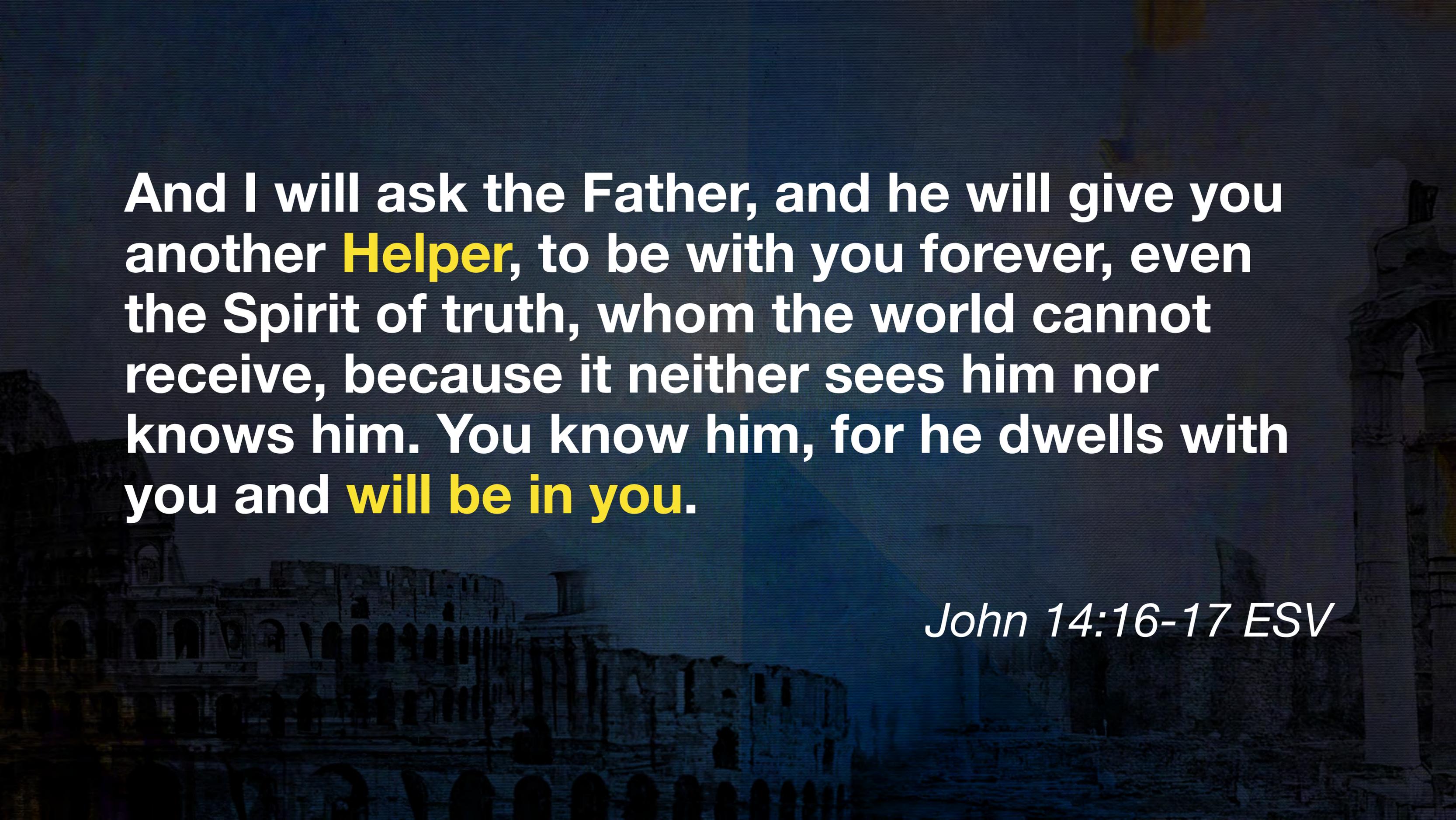
You, however, are not in the flesh but in the Spirit, if in fact the **Spirit** of God **dwells in you**. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, although the body is dead because of sin, **the Spirit is life** because of righteousness.

If the Spirit of him who raised Jesus from the dead **dwells in you**, he who raised Christ Jesus from the dead will also give life to your mortal bodies through his Spirit who **dwells in you**. So then, brothers, we are debtors, not to the flesh, to live according to the flesh. For if you live according to the flesh you will die, but if by the Spirit you put to **death the deeds of the body**, you will live.

Romans 8:9-13 ESV

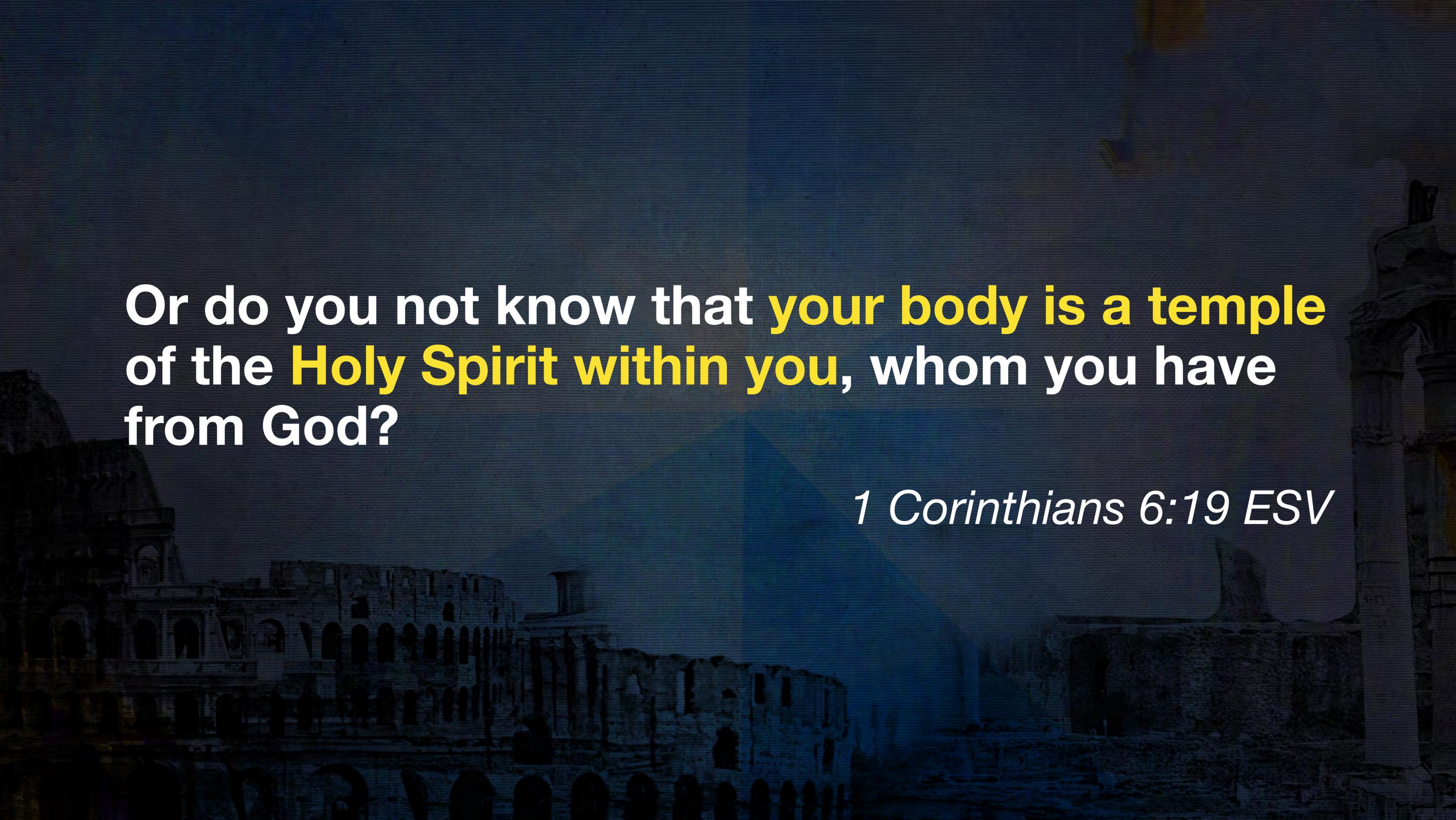


Dwell: *oikeo* – to be in, to live in, to dwell in, to reside in.



And I will ask the Father, and he will give you another **Helper**, to be with you forever, even the Spirit of truth, whom the world cannot receive, because it neither sees him nor knows him. You know him, for he dwells with you and **will be in you.**

John 14:16-17 ESV

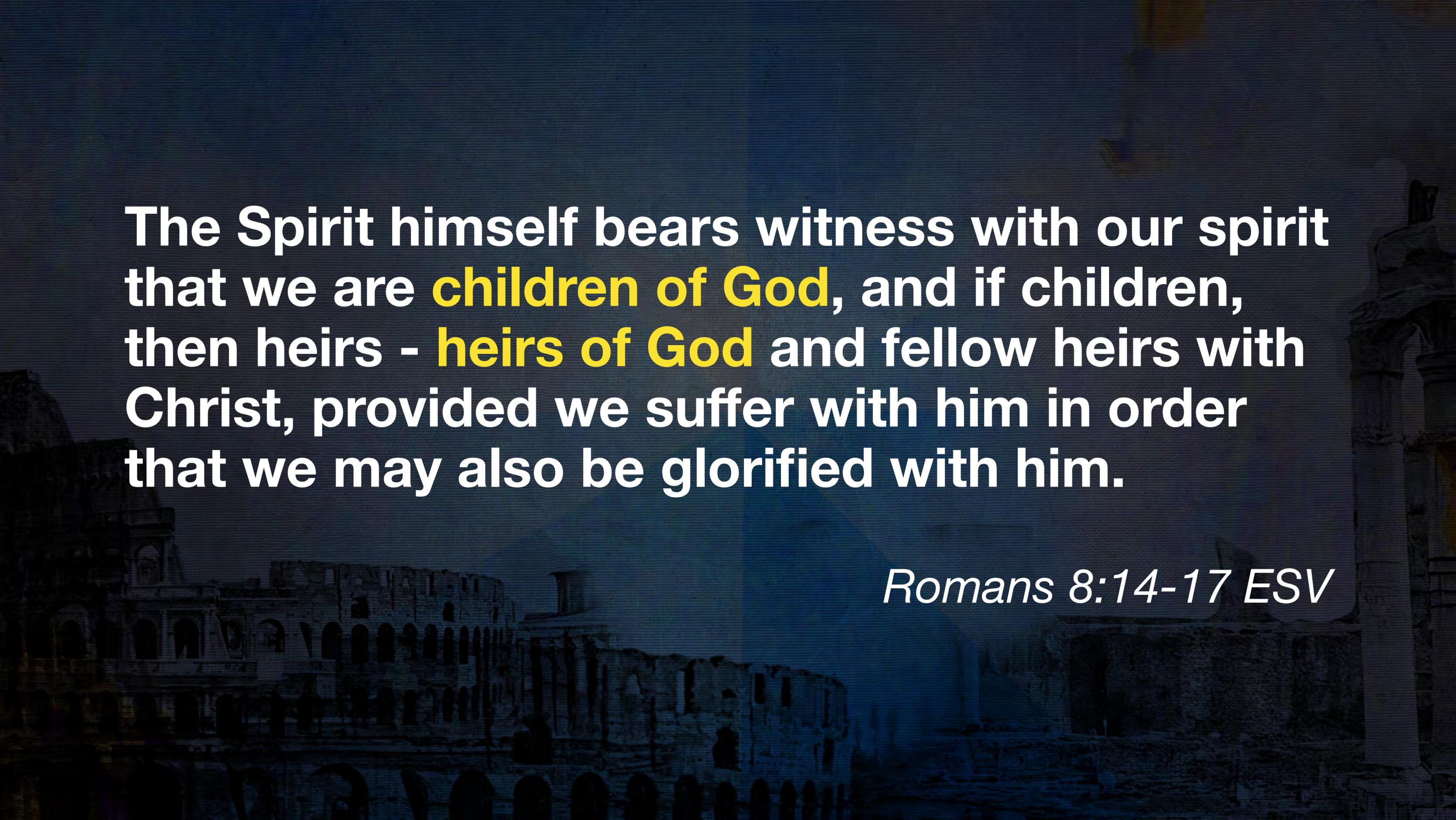


Or do you not know that **your body is a temple**
of the **Holy Spirit within you**, whom you have
from God?

1 Corinthians 6:19 ESV

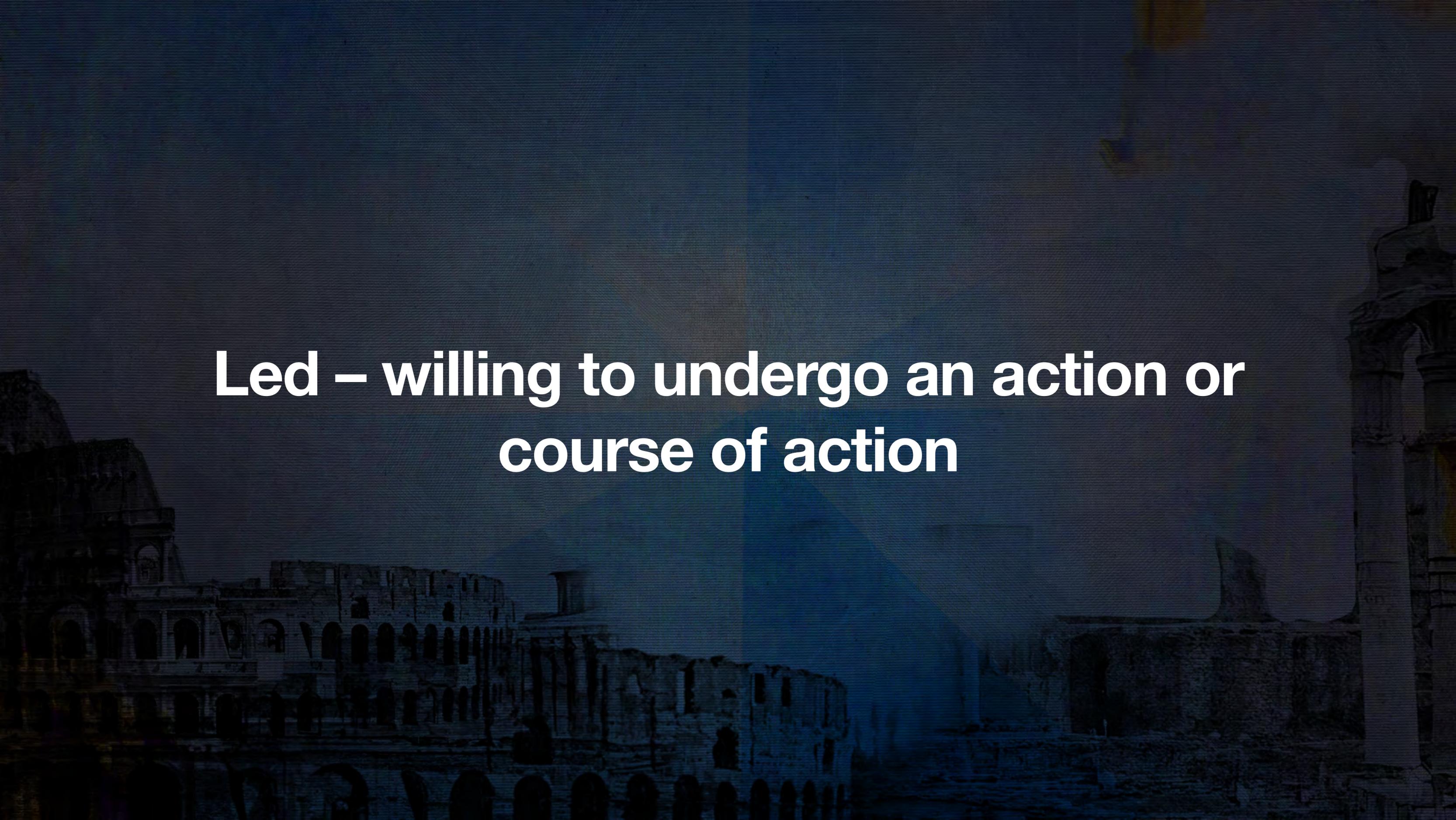
4. Those Made Righteous Are Children Of God

For all who are **led by the Spirit** of God are sons of God. For you did not receive the spirit of slavery to fall back into fear, but you have received **the Spirit of adoption** as sons, by whom we cry, “Abba! Father!”

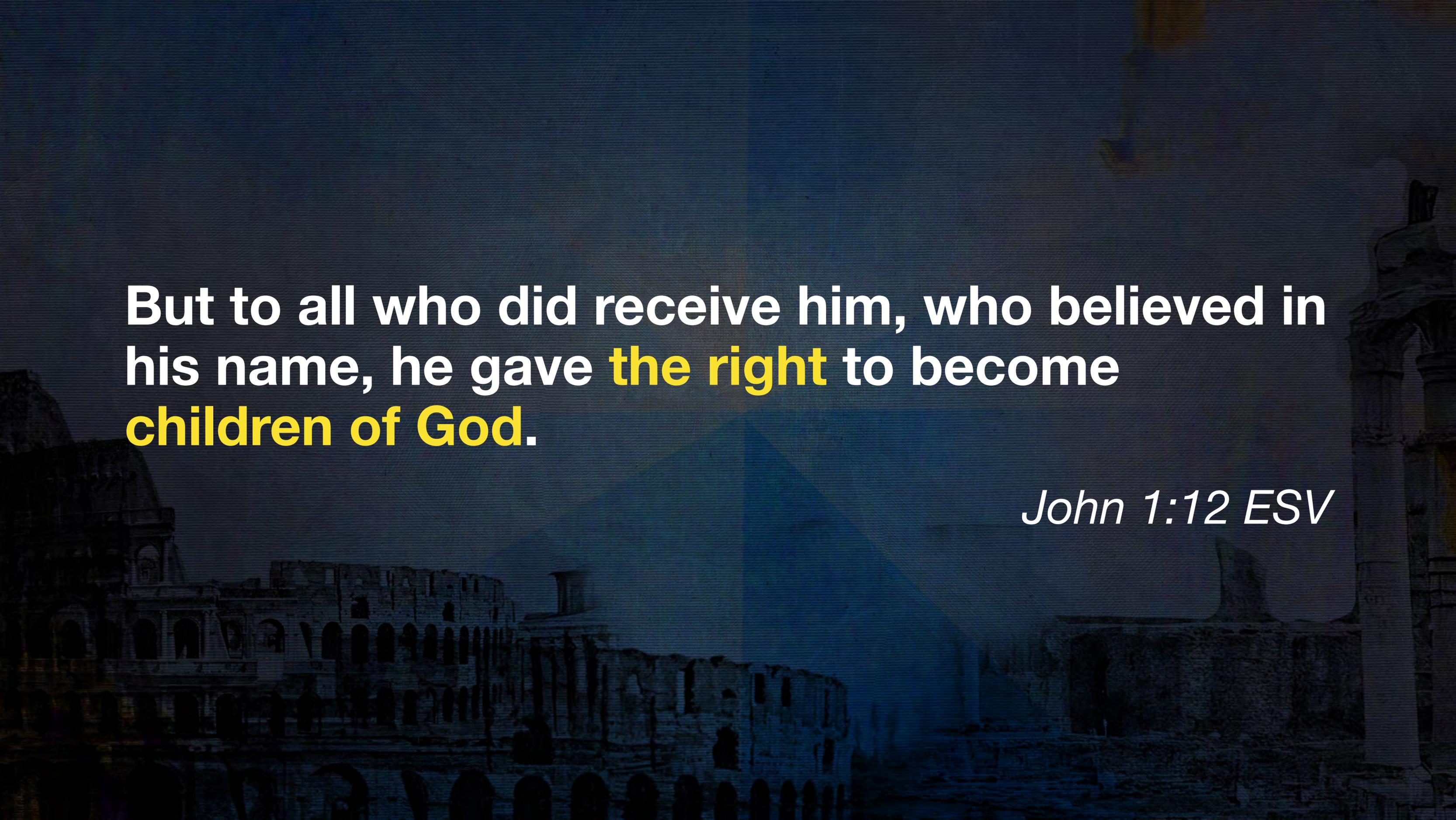


The Spirit himself bears witness with our spirit that we are **children of God**, and if children, then heirs - **heirs of God** and fellow heirs with Christ, provided we suffer with him in order that we may also be glorified with him.

Romans 8:14-17 ESV



**Led – willing to undergo an action or
course of action**



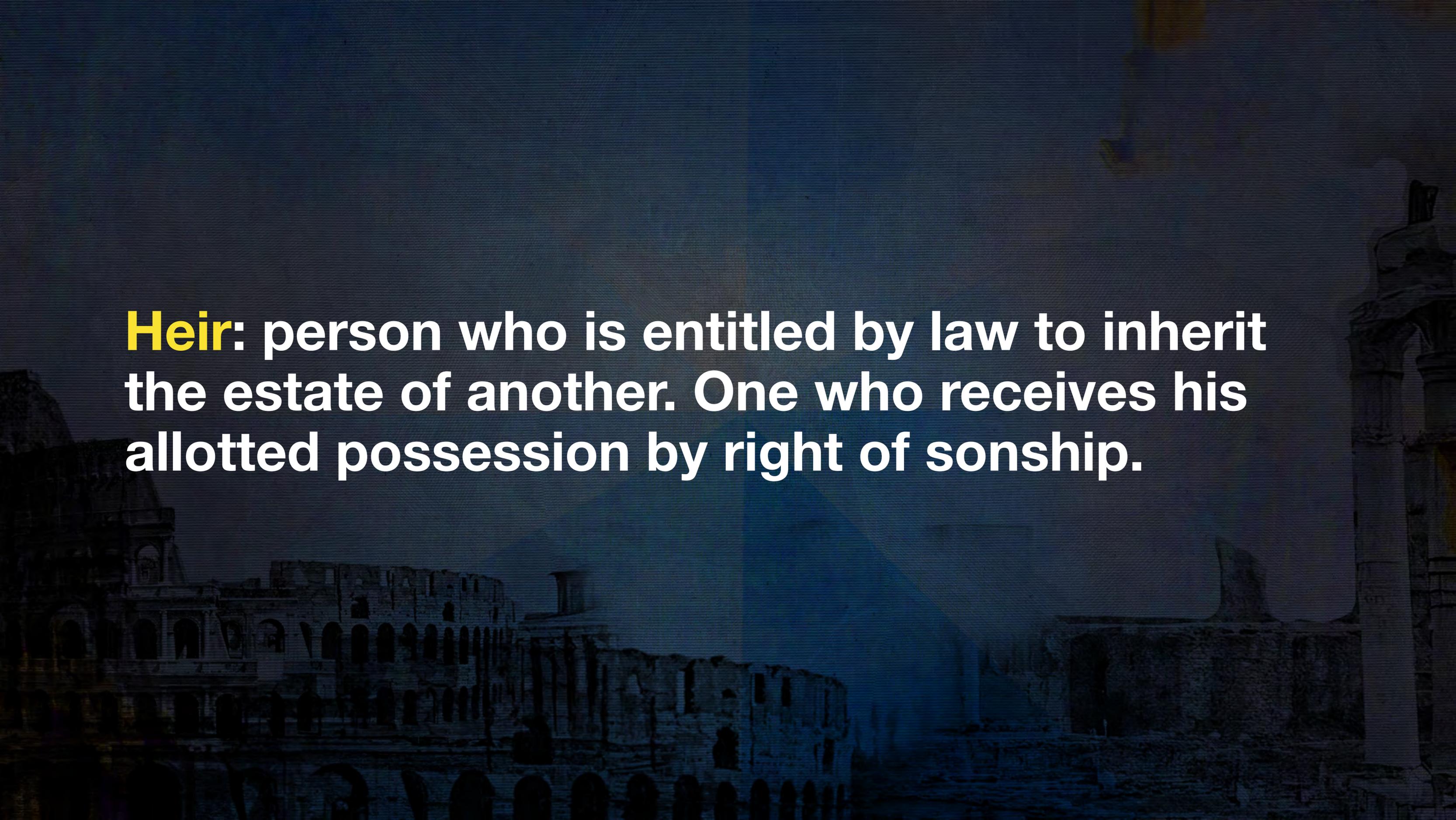
But to all who did receive him, who believed in his name, he gave **the right** to become **children of God.**

John 1:12 ESV

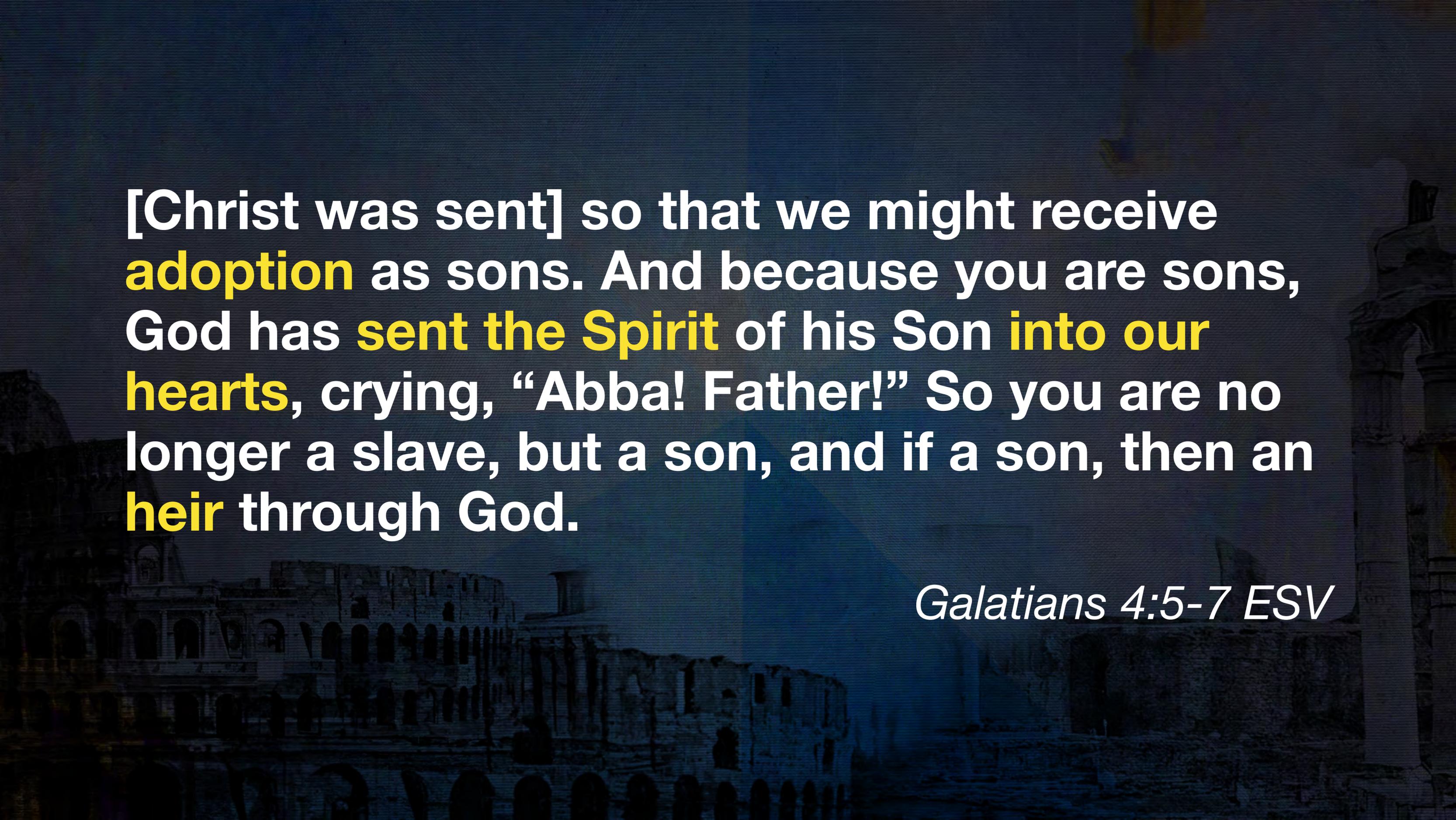


- **Adoption as sons**

- **Heirs of God and fellow heirs with Christ**

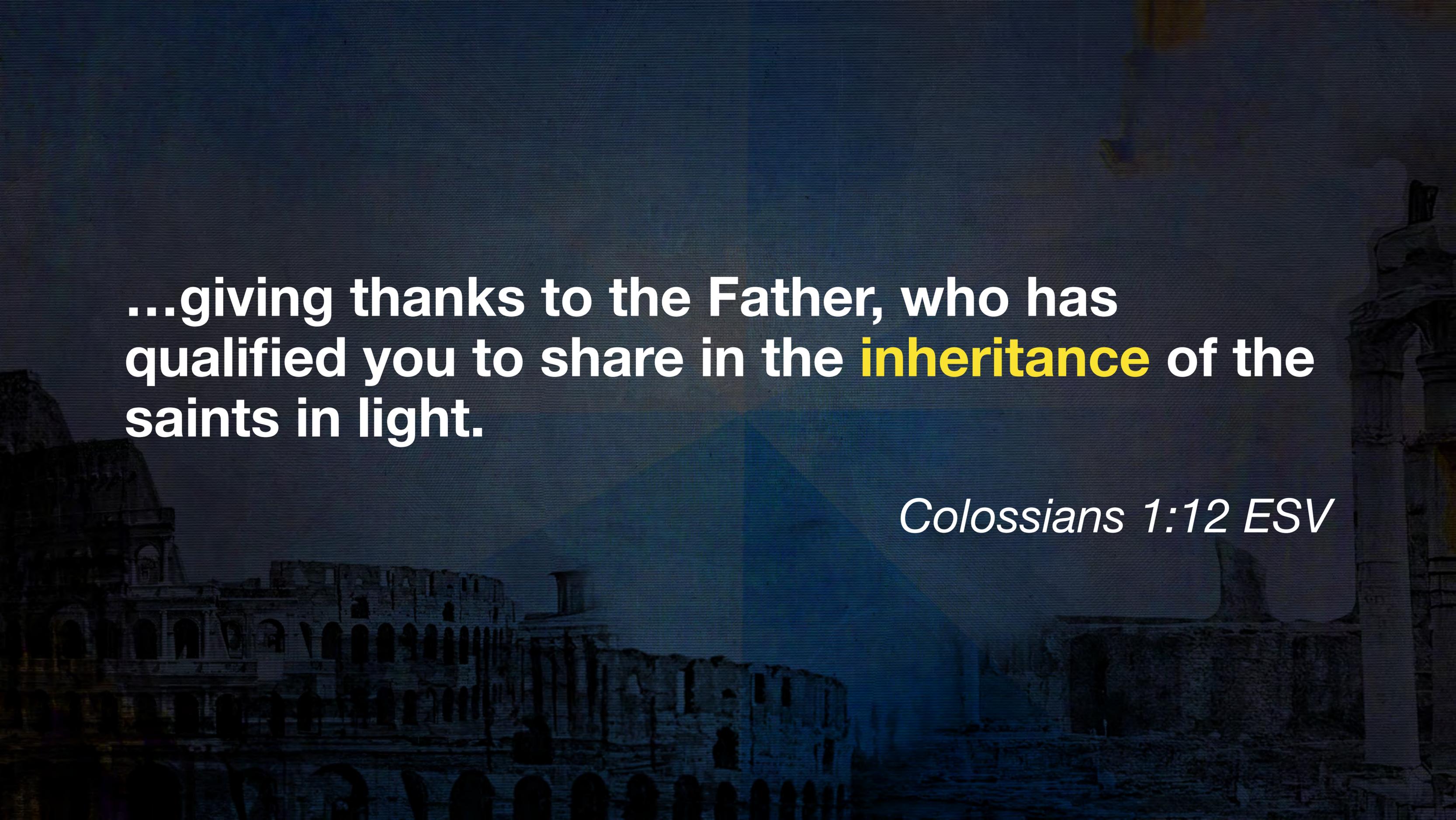


Heir: person who is entitled by law to inherit the estate of another. One who receives his allotted possession by right of sonship.



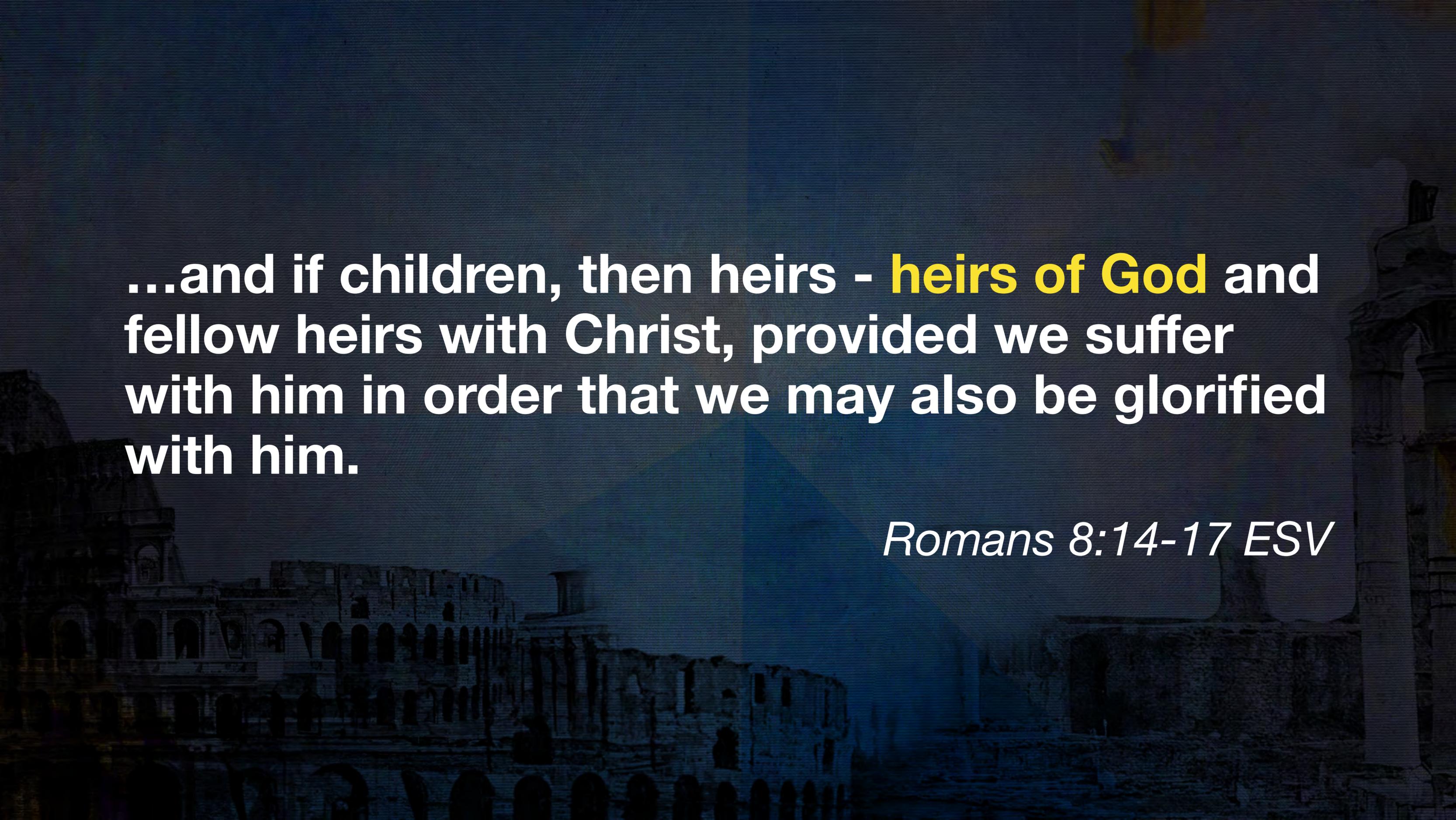
[Christ was sent] so that we might receive **adoption** as sons. And because you are sons, God has **sent the Spirit** of his Son **into our hearts**, crying, “Abba! Father!” So you are no longer a slave, but a son, and if a son, then an **heir** through God.

Galatians 4:5-7 ESV



...giving thanks to the Father, who has qualified you to share in the **inheritance** of the saints in light.

Colossians 1:12 ESV



...and if children, then heirs - **heirs of God** and fellow heirs with Christ, provided we suffer with him in order that we may also be glorified with him.

Romans 8:14-17 ESV



1. Embrace That You Are No Longer Condemned

2. Learn To Discern





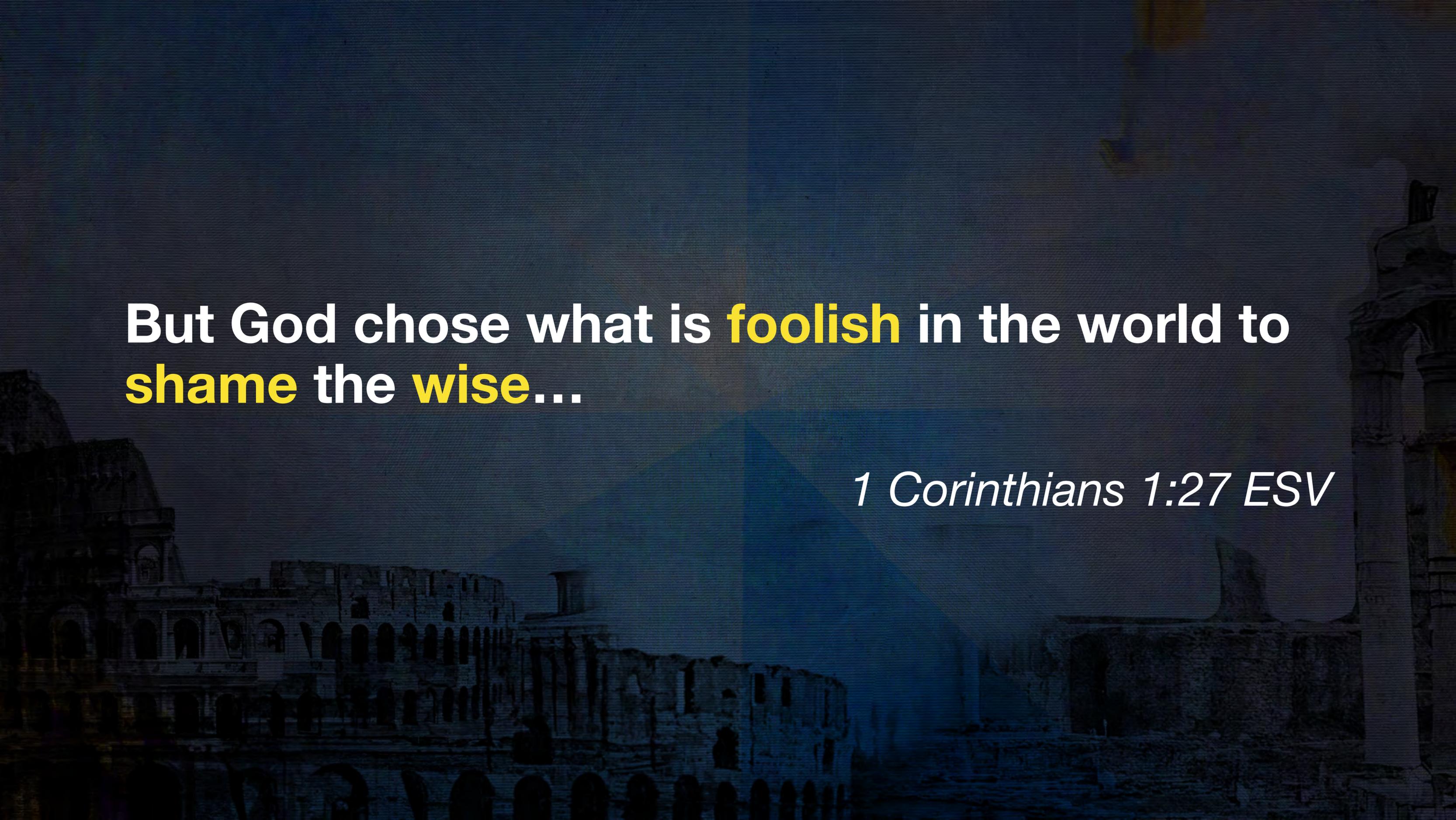
Do not **quench** the Spirit.

1 Thessalonians 5:19 ESV

Quench: to suppress, stifle, put out a fire.

Walking In The Spirit

- **Learn and obey God's Word**
- **Renew your mind with God's Word - Romans 12:2**
- **Take captive every thought - 2 Corinthians 10:5**
- **Pray through the Armor of God - Ephesians 6:10-20**



But God chose what is **foolish** in the world to **shame** the **wise**...

1 Corinthians 1:27 ESV

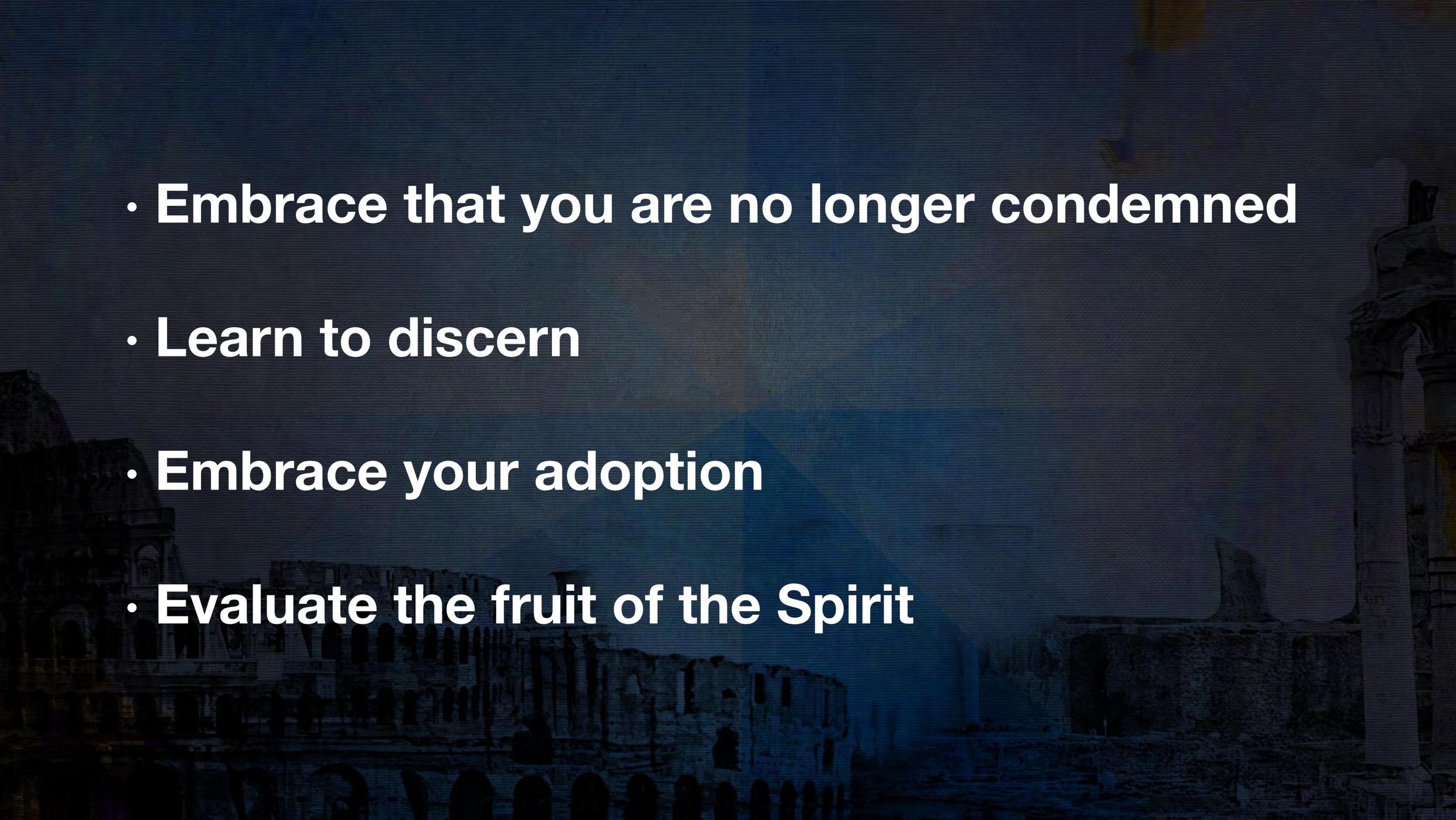
3. Embrace Your Adoption



4. Evaluate The Fruit Of The Spirit

But the **fruit of the Spirit** is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law.

Galatians 5:22-23 ESV

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- **Embrace that you are no longer condemned**
 - **Learn to discern**
 - **Embrace your adoption**
 - **Evaluate the fruit of the Spirit**