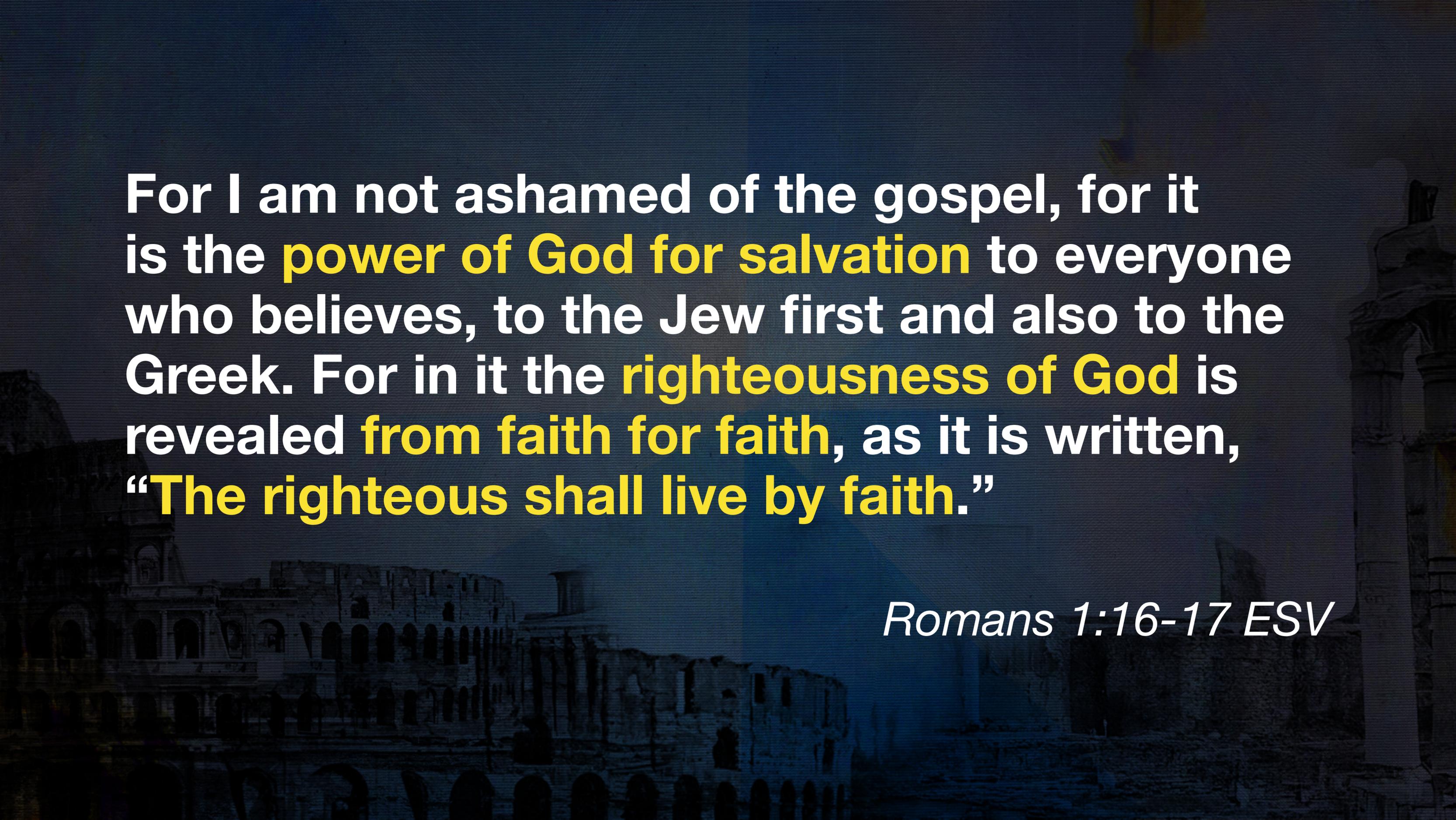




# Rescued

God's Plan For Redemption Revealed In Romans  
Week 10 - The Struggle With Sin

Senior Teaching Pastor Jim Supp — Reston Bible Church — Sunday, March 15, 2026



For I am not ashamed of the gospel, for it is the **power of God for salvation** to everyone who believes, to the Jew first and also to the Greek. For in it the **righteousness of God** is revealed **from faith for faith**, as it is written, **“The righteous shall live by faith.”**

*Romans 1:16-17 ESV*

# Week 10 - The Struggle With Sin

The background of the slide features a dark, atmospheric photograph of the Colosseum in Rome, Italy. The iconic amphitheater is partially illuminated, showing its characteristic tiered arches. A prominent, vertical blue light beam or lens flare effect cuts through the center of the image, creating a sense of depth and focus. The overall color palette is dark and moody, with the blue light providing a focal point.

# 1. The Triumph Of Grace Over The Law

Or do you not know, brothers - for I am speaking to those who know the law - that the law is binding on a person only as long as he lives? For a married woman is bound by law to her husband while he lives, but if her husband dies she is released from the law of marriage...

**Likewise, my brothers, you also have died to the law through the body of Christ, so that you may belong to another, to him who has been raised from the dead, in order that we may bear fruit for God. For while we were living in the flesh, our sinful passions, aroused by the law, were at work in our members to bear fruit for death. But now we are released from the law, having died to that which held us captive, so that we serve in the new way of the Spirit and not in the old way of the written code.**

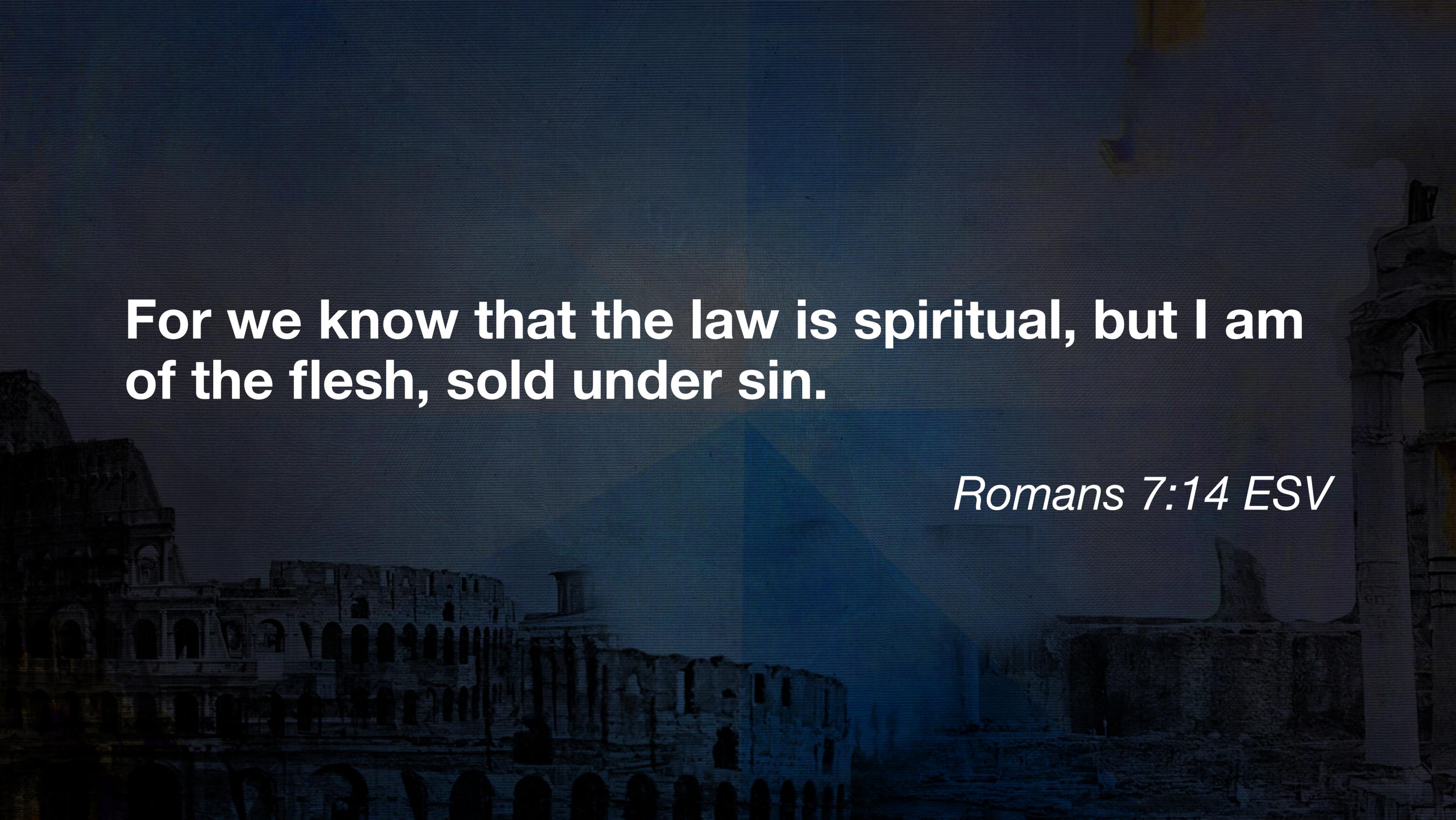
*Romans 7:1-2, 6 ESV*

## **2. The Relationship Between The Law And The Sin In Me**

**What then shall we say? That the law is sin? By no means! Yet if it had not been for the law, I would not have known sin. For I would not have known what it is to covet if the law had not said, “You shall not covet.” But sin, seizing an opportunity through the commandment, produced in me all kinds of covetousness. For apart from the law, sin lies dead...**

**Did that which is good, then, bring death to me? By no means! It was sin, producing death in me through what is good, in order that sin might be shown to be sin, and through the commandment might become sinful beyond measure.**

*Romans 7:7-8, 13 ESV*



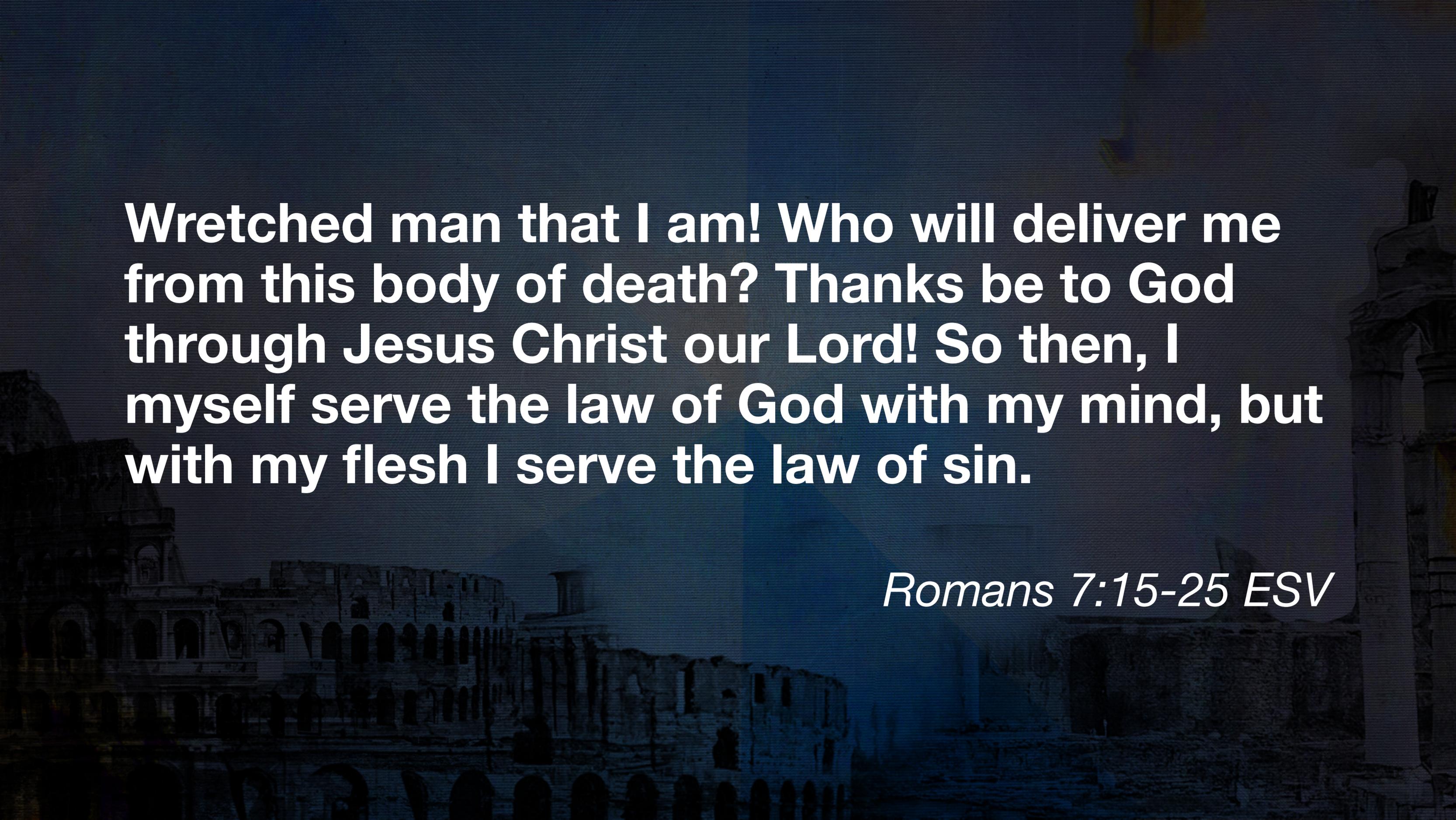
**For we know that the law is spiritual, but I am  
of the flesh, sold under sin.**

*Romans 7:14 ESV*

### 3. The Struggle With Sin

For I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree with the law, that it is good. So now it is no longer I who do it, but sin that dwells within me. For I know that nothing good dwells in me, that is, in my flesh. For I have the desire to do what is right, but not the ability to carry it out.

**For I do not do the good I want, but the evil I do not want is what I keep on doing. Now if I do what I do not want, it is no longer I who do it, but sin that dwells within me. So I find it to be a law that when I want to do right, evil lies close at hand. For I delight in the law of God, in my inner being, but I see in my members another law waging war against the law of my mind and making me captive to the law of sin that dwells in my members.**



**Wretched man that I am! Who will deliver me from this body of death? Thanks be to God through Jesus Christ our Lord! So then, I myself serve the law of God with my mind, but with my flesh I serve the law of sin.**

*Romans 7:15-25 ESV*

**I, brothers, could not address you as spiritual people, but as people of the flesh, as infants in Christ. I fed you with milk, not solid food, for you were not ready for it. And even now you are not yet ready, for you are still of the flesh.**

*1 Corinthians 3:1-3 ESV*



# The Desire To Do Right

# The Hatred Of Doing Wrong

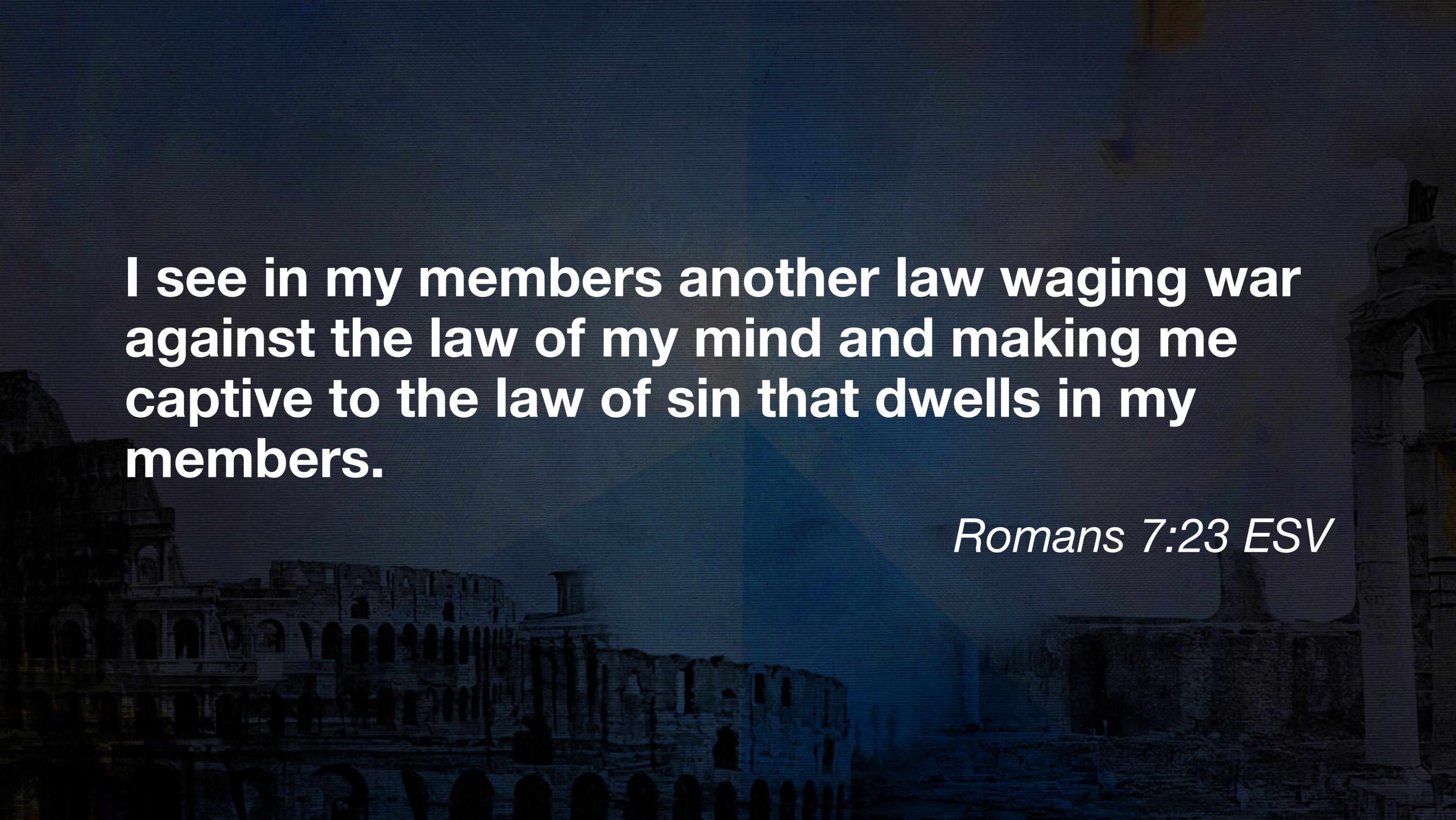
The background of the image is a dark, atmospheric photograph of the Colosseum in Rome, Italy. The structure is silhouetted against a dark sky, with a prominent blue light flare or lens flare effect emanating from the center-right, creating a sense of depth and drama. The overall mood is somber and reflective.

**If anyone else thinks he has reason for confidence in the flesh, I have more: circumcised on the eighth day, of the people of Israel, of the tribe of Benjamin, a Hebrew of Hebrews; as to the law, a Pharisee; as to zeal, a persecutor of the church; as to righteousness under the law, blameless.**

*Philippians 3:4-6 ESV*



# The Presence Of The Old Man With The New



**I see in my members another law waging war  
against the law of my mind and making me  
captive to the law of sin that dwells in my  
members.**

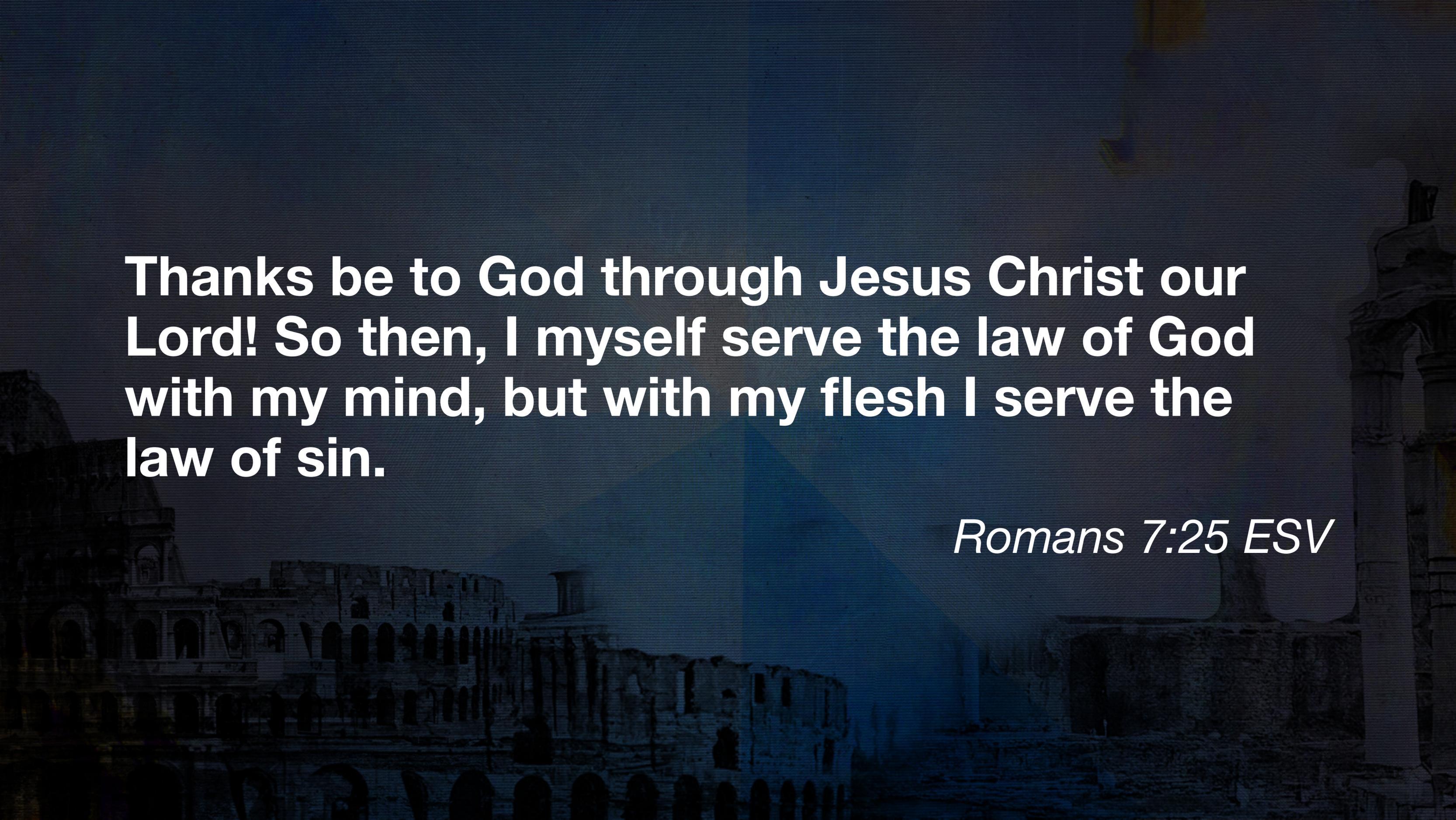
*Romans 7:23 ESV*

**We ourselves, who have the first fruits of the Spirit, groan inwardly as we wait eagerly for adoption as sons, the redemption of our bodies.**

*Romans 8:23 ESV*

**For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do.**

*Galatians 5:17 ESV*



**Thanks be to God through Jesus Christ our Lord! So then, I myself serve the law of God with my mind, but with my flesh I serve the law of sin.**

*Romans 7:25 ESV*

# 1. Acknowledge Your Battle With Sin

The saying is trustworthy and deserving of full acceptance, that Christ Jesus came into the world to save sinners, of whom I am the foremost.

*1 Timothy 1:15 ESV*

## 2. Embrace The Way Out That God Provides

No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it.

*1 Corinthians 10:13 ESV*

### **3. Endeavor To Walk In The Spirit**

**I say, walk by the Spirit, and you will not gratify the desires of the flesh.**

*Galatians 5:16 ESV*



**If we live by the Spirit, let us also keep in step  
with the Spirit.**

*Galatians 5:25 ESV*

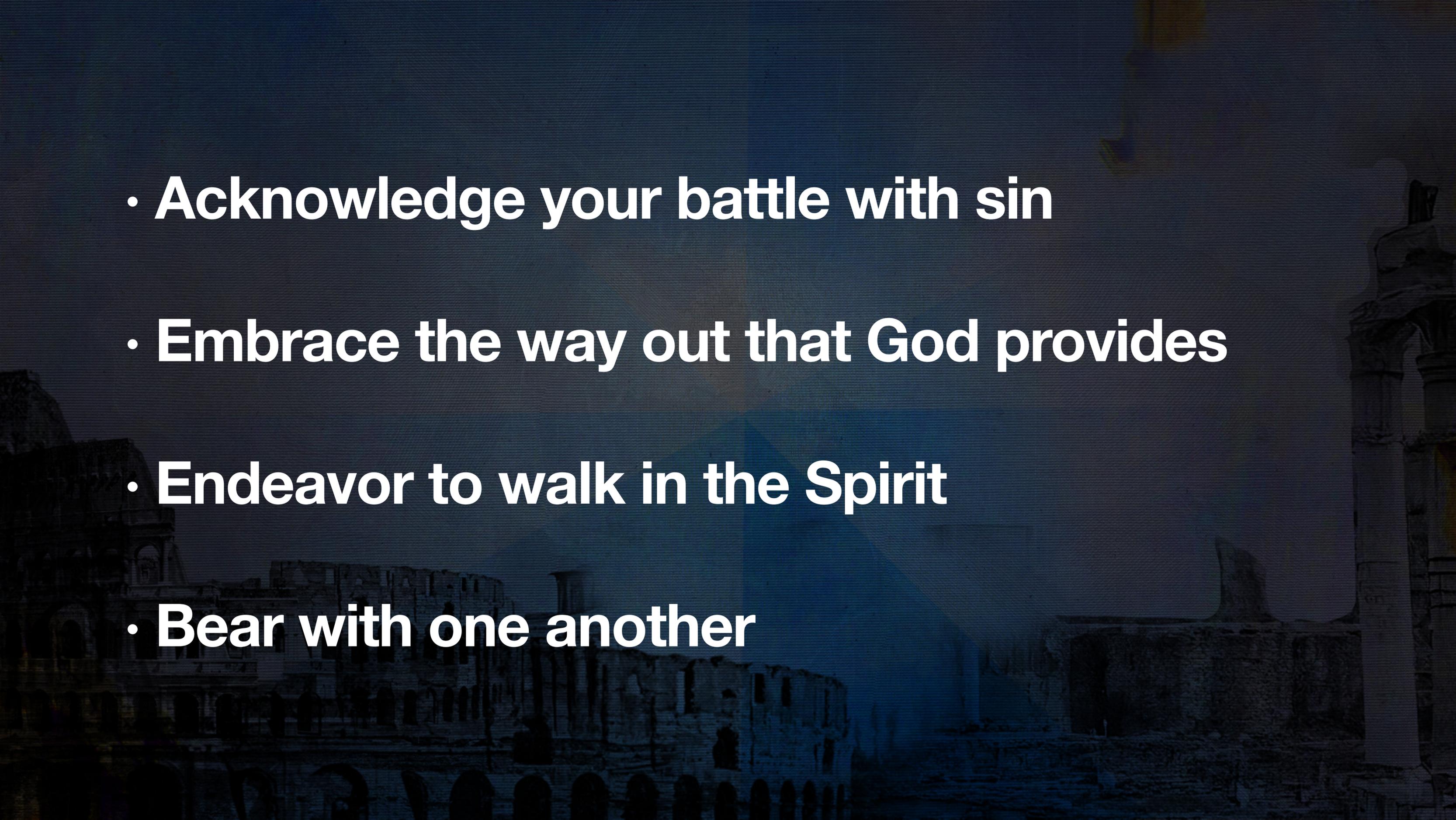
# Walking In The Spirit

- **Learn and obey God's Word**
- **Renew your mind with God's Word - Romans 12:2**
- **Take captive every thought - 2 Corinthians 10:5**
- **Pray through the Armor of God - Ephesians 6:10-20**

## 4. Bear With One Another

Put on then, as God's chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience, bearing with one another and, if one has a complaint against another, forgiving each other; as the Lord has forgiven you, so you also must forgive.

*Colossians 3:12-13 ESV*

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- **Acknowledge your battle with sin**
  - **Embrace the way out that God provides**
  - **Endeavor to walk in the Spirit**
  - **Bear with one another**