



# //// SOUL SHERPA

## Peak 5: - A Trustworthy Guide

Peak: 5 | Lesson: 2 | Grades: 1-5

We believe that you are your child's first and most important spiritual leader. To support you that mission, we have created this tool to go along with each lesson your grade school age children are learning at Quest on Sundays.

### //////////////////// SECTION VERSE

**PROVERBS 3:5-6**

“Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to Him and He will make your paths straight.”

### //////////////////// LESSON VERSE

**JEREMIAH 17:7**

“But blessed is the one who trusts in the Lord, whose confidence is in Him.”



• **Depend on God and not on what you THINK you know**

### PRAYER

Thank God the Father that Jesus laid down his glory, his power, and his life so that He could become one of us and show us what God is like. Ask Him to help you make Jesus the center of your life every day.

### DISCUSSION QUESTIONS

- Who do you trust? Why?
- ★ Do you trust God? Why/why not?
- ★ How can you learn to trust God?  
(knowledge+experience=trust)
- ❖ How can we experience God's will? (Read Romans 12:1-2)

### LIVE IT OUT!

- Read James 1:5, Jeremiah 33:3 & Isaiah 55:9. Talk about them together for next week.
- Pray together. See the prayer focus.
- Think of a way you can obey God's guidance today and do it. Write it down and talk about the results together.



# PARENT DEVOTIONAL.

**"TRUST AND OBEY, FOR THERE'S NO OTHER WAY. TO BE HAPPY IN JESUS, BUT TO TRUST AND OBEY."**

## **SOUL SHERPA, LESSON 2: Lean Not On Your Own Understanding**

My mother is infamous for her sense of direction. Or should I say, lack there of. She once followed a car for some distance out of her way because, "they looked like they knew where they were going." She has driven almost out of state before realizing she had taken a wrong turn. Mom was sure she was going in the right direction. She even thought she had recognized some landmarks. It took some time but Mom has learned to lean not on her own understanding when it comes to directions. Nowadays she makes sure she either rides with or follows someone who knows the right path.

How many times have you headed down a path that you were sure was right and wise only to find out that you were on a road to heartache? When we depend on our human discernment and worldly understanding they will fail us in the end. "There is a way that seems right to a man, but in the end it leads to death." (Proverbs 14:12)

We can contrast two great men of scripture in this regard. Saul, the first anointed King over Israel, when pressed, did what he discerned to be the wise thing when Samuel was delayed and an attack seemed imminent. He took it upon himself to sacrifice to the Lord. It might seem to us, on the face of it, to be an intelligent move. Samuel hadn't shown up on time, they were in great danger, and they needed God's favor. But Saul had been told to wait. He did not inquire of the Lord and he did not trust the command he had been given by the man of God. He was leaning on his own understanding. By contrast his successor, King David, inquired of the Lord for almost every big decision he made, with the exception of a few that famously went badly for him. God has given us a trustworthy spiritual GPS system; his Word and his indwelling Holy Spirit, ever present to guide us. Inquire of the Lord and He will make your paths straight. He is our trustworthy teacher and guide. This is a promise of God.

Where is the wise person? Where is the teacher of the law? Where is the philosopher of this age? Has not God made foolish the wisdom of the world?

1 Corinthians 1:20

### **MEDITATING ON THE WORD**

Proverbs 14:12  
1 Corinthians 1:20  
1 Samuel 13  
1 Samuel 23:4