



//// FREE CLIMBING

Peak 3: - Victory over sin

Peak: 3 | Lesson: 1 | Grades: 1-5

We believe that you are your child's first and most important spiritual leader. To support you that mission, we have created this tool to go along with each lesson your grade school age children are learning at Quest on Sundays.

//////////////// SECTION VERSE

1 CORINTHIANS 10:13

"You are tempted in the same way all other human beings are. God is faithful. He will not let you be tempted any more than you can take. But when you are tempted, God will give you a way out so that you can stand up under it."

//////////////// LESSON VERSE

MATTHEW 4:10

Jesus said to him, "Away from me, Satan! For it is written: 'Worship the Lord your God, and serve him only.'"



• All people are tempted to do wrong, but God gives his children a way to stand firm

PRAYER

Thank God that He will give us a way of escape from temptation. Ask Him to hold you up when you are tempted and help you see the way of escape.

DISCUSSION QUESTIONS

- What is temptation? How are you tempted? (tested, tried, enticed)
- ★ Share a time when you were tempted and how you responded.
- ❖ Read Matthew 4:1-11 and discuss how Jesus responded. What can we learn from that?

LIVE IT OUT!

- Make a list of all the ways you might be tempted and how you can say, "no."
- Read your memory verse together, write it out and hang in the kitchen
- Invite a friend to Quest.



PARENT DEVOTIONAL.

**JESUS WAS, “TEMPTED IN EVERY WAY,
JUST AS WE ARE—YET HE DID NOT SIN.”**

-Hebrews 4:15b

Free Climbing, LESSON 1: Victory Over Sin

“The temptations in our high tech culture are so much worse than our parents had to deal with.” This is in a sense true but in another very important sense it is not. While the Internet, a permissive culture, and a lot of other factors certainly facilitate sinful behavior, they have not created “new” temptations. “What has been will be again, what has been done will be done again; there is nothing new under the sun” (Ecclesiastes 1:9). The temptations or enticements themselves are the same yesterday, today and tomorrow. The selfish desire for riches, power, physical pleasure, and fame are still the “sticky” places in our flesh that Satan uses to hook us into sin just as he has for millennia. The good news is that, just as the temptations are the same, the Bible’s answer to them continues to be effective.

Before we were saved and found “in” Christ we were “dead in our sins.” We were essentially slaves to our sinful or fallen nature. We operated within a closed system where sin had dominion. The Bible teaches us that something changed the day the light of Christ shined on us. We were freed from the rule of sin over our lives. “For we know that our old self was crucified with Him so that the body ruled by sin might be done away with, that we should no longer be slaves to sin” (Romans 6:6). If we are freed from sin are we sin free or temptation free? Clearly not, but it does mean that we are no longer trapped in the closed circuit. We are free to choose the right path. Free to resist temptation. Free to pursue holiness in Christ. For the believer this makes life more complicated. Before Christ we sinned because that was our nature through and through. Once we were “rescued from the kingdom of darkness and brought into the kingdom of the Son” we became a “new creation” called to be holy as God is holy. That can be a scary thought given that we are still living in mortal flesh, but God has given us his word that we will not be tempted beyond what we can bear, according to the grace given to us, and that when we are tempted He will always provide an escape route for us to take.

In the coming weeks we will be walking our young people through God’s promise to give us victory over sin in our lives because Christ defeated its power over us. There is great hope to be found in this truth. Christ, our great High Priest, does not command us to do that which He hasn’t already done and equipped us to do. Unencumbered by the sin that entangles us we are free to climb the peaks God has called us to in Christ.

MEDITATING ON THE WORD

Ecclesiastes 1

Romans 6

Colossians 1

1 Corinthians 10:13

Hebrews 4:13-15

Matthew 4:1-11