

# SECTION 3

## Lesson 1

### Mind Marinade

Unit 1 | Love God | Grades: 1-5

FIELD MANUAL FOR  
QUEST PARENTS



### UNIT VERSE:

**MARK 12:30**

“Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.”

### SECTION VERSE:

**Romans 12:2**

“Don’t copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God’s will for you, which is good and pleasing and perfect.” (NLT)



**The Bible is your tool  
for a mind makeover**

#### PRAYER

Ask God to give your mind a makeover, so that it will look more like His. Ask Him to help you use the Bible as your tool.

#### DISCUSSION QUESTIONS

- What do you understand by “renew”?
- How can our minds be transformed?
- How can we have a sound mind according to 2 Timothy 1:7?
- ★ What does it mean to renew your mind?
- ★ How can you love God with your mind?
- ★ Why does our mind need a makeover?



# PARENT'S DEVOTIONAL

THE BIBLE IS YOUR TOOL FOR A MIND  
MAKEOVER

"Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect." (NLT)  
- Romans 12:2

## Mind Marinade

When we talk about our mind what exactly do we mean? What are the functions of the mind? When we talk about the mind in the Bible we are talking thoughts, attitudes, imagination, will, purposes, convictions, intelligence, understanding, and memory. In the Bible the mind and the heart are closely tied together. Many times they are used interchangeably. They communicate and work together to influence our actions.

What would the mind of a Jesus follower increasingly look like? The transformed and renewed mind of the Christian will love God, seeking Him with the intellect, meditating on His Word in prayer, taking captive every thought to make it obedient to Christ, deciding to fix its thoughts on Christ and the things of heaven, serving with the will, remembering who God is and what He has done, and employing all its power of imagination and creativity to glorify God. Worshiping God with the mind will have repercussions in the heart and soul. Help the children understand that the life of a follower of Jesus is more than good works and nice words. It is a life of integrity that includes your way of thinking. This renewal happens as we marinate our minds in the Word of God.

### MEDITATING ON THE WORD

2 Corinthians 10:5 |  
Numbers 15:40 | Col 3:2 |  
1 Chron. 28:9