Faith and Family

Understanding and Coping with Addiction

A FREE seminar designed to educate family members, friends and the community on addiction, substance abuse and recovery

Session 1: Mental & Illness Addiction Which Do You Treat First?

How do you know if it's mental illness or addiction? Do you treat it the same way if it is both addiction and mental illness? What are some options for treatment? How far should parents of adult children go in helping?

Matt Christian, MSW
Dual Diagnosis Counselor

Craig James
LCSW, LSATP, MAC
Co-Founder/Director of Ops

Session 2: Understanding Addiction Will I Know It When I See It?

How do you know when casual experimentation moves into something more serious? What are the signs a person is addicted? How do you deal with it when you know? How do parents let go of the guilt and shame they feel?

Session 3: Panel Discussion Parents with Addicted Loved Ones & Recovering Addicts.

How did you find out your loved one was addicted? What did you do when you did? How hard was it to set boundaries? How did your loved one react when you did?

PAL PARENTS OF ADDICTED LOVED ONES
YOU ARE NOT ALONE

Saturday, March 28, 2020

Insight Into Action THERAPY

Check in 8:30 a.m. / Seminar 9 a.m.-12:30 p.m.

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