

A romantic scene featuring the silhouettes of a man and a woman embracing. The man stands on the left, his arms around the woman, who is on the right with her back to the camera. They are positioned in a field with a fence in the foreground. The background is a warm, golden sunset sky over a line of trees. The overall mood is intimate and peaceful.

Body, Soul & Spirit

PART 3

Week 1: God's Design

Week 2: Roadblocks to intimacy

Week 3: Q & A

**TODAY: Removing roadblocks &
rebuilding bridges**

Week 5: Repent, Refocus, Repair, & Rejoice



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“Therefore a man shall leave his father and mother and hold fast to his wife, and the two shall become one flesh.”



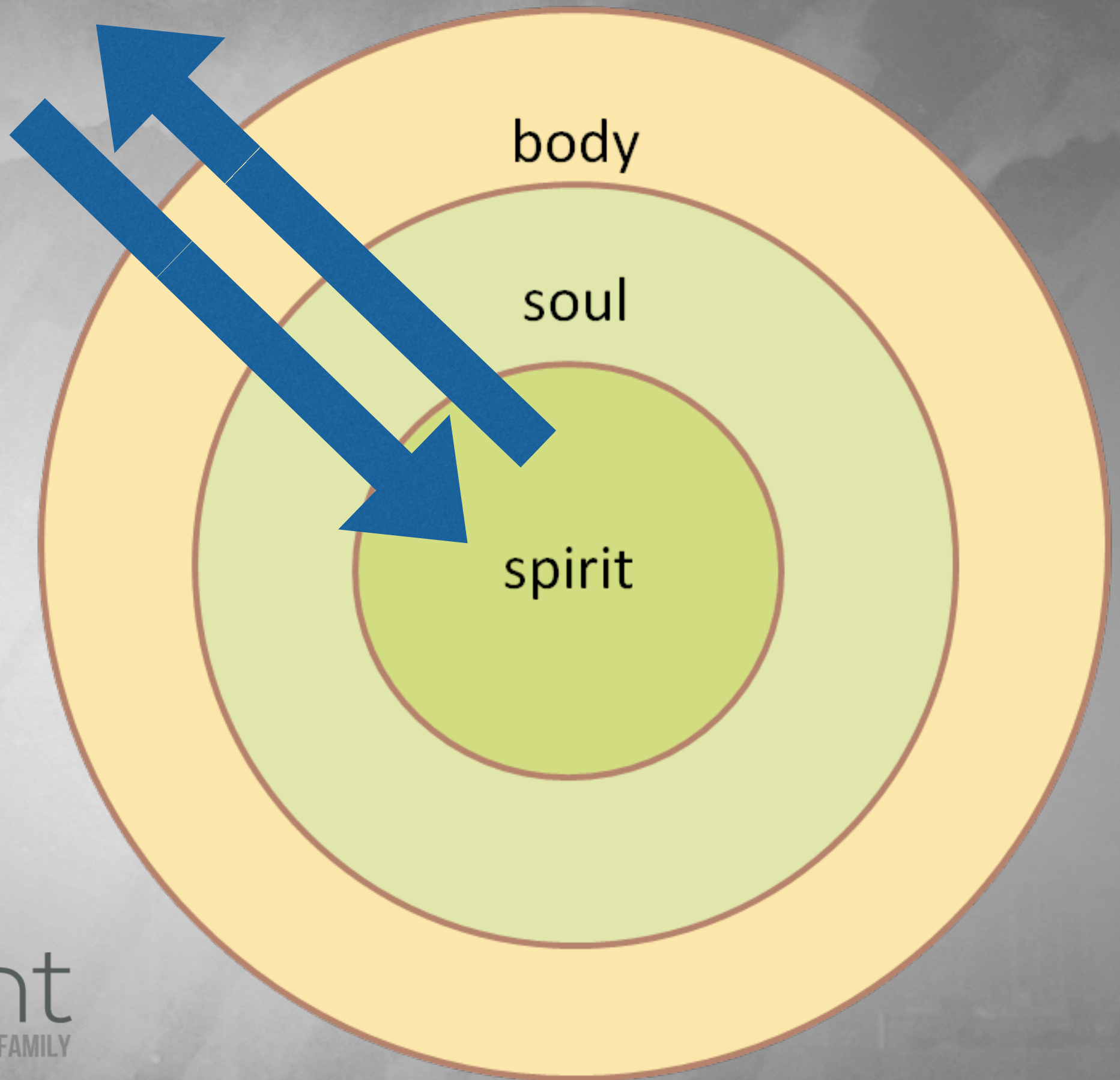
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Ephesians 5:31

Pre-marriage

Vs

Marriage



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Joy, Delight, & Desire

Purity, Honor, & Faithfulness

Romance & Self-Giving Love



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**Bridges
out in the
body, in
the soul,
and in the
Spirit**



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Step 1: Identifying which bridge(s) is/are out

Spirit

Soul

Body



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Bridge repair in the Spirit

For the weapons of our warfare are not of the flesh but have divine power to destroy strongholds.

- 2 Corinthians 10:4



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Bridge repair in the Spirit

Prayer & Confession

Therefore, confess your sins to one another and pray for one another, that you may be healed.

The prayer of a righteous person has great power as it is working. - James 5:16



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Bridge repair in the Spirit

Abiding in the Word

Abide in me, and I in you. As the branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me.

John 15:4



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Bridge repair in the Spirit

Abiding in the Body

Not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near.

Hebrew 10:25



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Bridge repair in the Soul

Know Yourself

Let us test and examine our ways, and return to
the Lord!

Lamentations 3:40



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Bridge repair in the Soul

Know & Value Your Spouse

The eye cannot say to the hand, "I have no need of you," nor again the head to the feet, "I have no need of you."

1 Corinthians 12:21



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Bridge repair in the Soul

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Bridge repair in the Soul

Find ways to “do life” together again

Pay attention to your emotional health

A tranquil heart gives life to the flesh, but envy
makes the bones rot.

- Proverbs 14:30



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Bridge repair in the Body

Care for the temple

Don't you know that you yourselves are God's temple and that God's Spirit dwells in your midst? If anyone destroys God's temple, God will destroy that person; for God's temple is sacred, and you together are that temple.



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1 Corinthians 3:16-17

Bridge repair in the Body

Care for the temple

Beloved, I pray that all may go well with you and that you may be in good health, as it goes well with your soul.

3 John 1:2



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Bridge repair in the Body

Woo & Pursue

“Open to me, my sister, my love,
my dove, my perfect one,
for my head is wet with dew,
my locks with the drops of the night.”

Song of songs 5:2



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Bridge repair in the Body

Desire & Entice

“Scarcely had I passed them
when I found him whom my soul loves.
I held him, and would not let him go”

Song of songs 3:4



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Table Discussion

1. What bridges have you found to be either washed out or damaged? How has that shown up in your relationship?
2. What heart/attitude adjustments do you need to make?
3. What steps can you be taking together to rebuild those bridges?
4. How can we be praying for each others marriage?



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