

## Comments & Questions for Leader/Facilitators

### Week 5 DVD #5

#### I. Transparency/Accountability

Now is a good time to ask if there is something that has been held back in transparency and if so to encourage them to call speak to you privately. Once you heard from them you can then comfort them about the safety in telling the group.

#### II. Discussion

Watch DVD 5. You can use your own questions but following are suggestions:

1. We carry our family of origin with us in our brain. What do you think about that statement? Is this evident in you life?
2. What destructive vows have you made when you were wounded? Did you make a statement (vow) such as, "I will never...? Ex. I am never going to let anyone hurt me again.
3. Consider the sources of emotional wounds. Things people did to us. Things people take from us Things people say to us. Our own past sins. Are there any unresolved emotional wounds you have? If yes, how are those resolved?

**III. Lesson Overview.** DVD #5 introduces the reality of our personal "arousal template", a form of sexual imprinting that you automatically return to. The more the sexual stimulus is repeated, the stronger the template will become. Additionally, a discussion of the relationship between sexual bondage and childhood or adolescent wounds is talked about. Often men in bondage have been deeply wounded by their earthly fathers. Inappropriate sexual habits is usually a part of coping mechanisms to medicate wounds and to deal with the stress of life.

**IV Week 5 Mission.** - Continue memorizing 1 Corinthians 6:13-20. Begin to memorize the foundational truths of Romans 6. Journal your struggles. Insure that the temptations of technology continue to be properly addressed. "Make no provision..." Prepare before you go to bed each night. Understand what situations and circumstances arouse you, what Roberts calls your "arousal template". The Holy Spirit will then warn you and prompt you to avoid or flee from them.