

Comments & Questions for Leader/Facilitators

Week 3 DVD #3

Leadership Tip

Don't be in a rush to merely move on to each new DVD when time ran out the previous week in addressing something important in helping even one brother.

Lead by example. Set the standard for honesty, transparency, and vulnerability. This is not about performance or perfection. Allow Christ to use you exactly where you are to accomplish His will in others.

I. Transparency/Accountability

The leader/facilitator goes first. Be honest about your history and any recent stumble or struggle. The others will then follow suit at some level. Disclosure and transparency is a key step to freedom. Denial must be broken. The strength of sin is in the secret.

- Have we all been complete in acknowledging the form, frequency and substance of our moral struggles?
- Have each of us turned off our electronic devices 30 minutes before bed and done some or all of the following: spent time reading scripture, memorizing scripture, meditating on the LORD's goodness to us, praying to Him for family and others, praying with our wife.

II. Discussion

Watch DVD 3. You can use your own questions but following are suggestions:

1. What facts can you learn from sexual sin from Paul's words in 1 Corinthians 6: 13-20?
2. Based on the facts discussed what is your response?
3. On the DVD Paul Cole said, "Whatever attracts and holds your attention will eventually control the direction of your life." Is there something attracting and holding your attention that the LORD has revealed shouldn't be?

III Lesson Overview.

1 Corinthians 6:13-20

1. Sexual sin is against your own body because it changes the physical composition of the brain.
2. Sexual bondage stems from willful, wrong moral choices than becomes coupled with developing into a brain problem.
3. Understanding how God has designed our brain contributes to breaking free from sexual bondage.
4. Recently, science has confirmed that the brain is pliable until death. New neural connections are constantly being made. This clearly ties into the exhortation in Romans 12 and elsewhere to be "transformed by the renewing of your mind."

IV Week 3 Mission.

- Continue memorizing 1 Corinthians 6:13-20
- Have some filters and accountability software been installed on the necessary devices.
- Record the circumstances, thoughts, denials, etc. that typically proceed a relapse of acting out.