

Comments & Questions for Leader/Facilitators

Week 1 DVD #1

If you haven't, please read the guidelines at <https://www.restonbible.org/wp-content/uploads/2019/01/allmen-group-leader-guidelines.pdf>

Please be sensitive to keep the foundational message Mike Minter gave in session 1 front and center throughout the weeks. We are not attempting to manage sin and just stop watching porn, or quit other sexual addictions. This series addresses a number of issues that include discovering the roots of why addictive behaviors like this occurs. Guard against simply focusing on sin. Just like many alcoholics who first go to a detox center for 60 days so that their minds are clear and their bodies stable to hear biblical truth, going through this process in a safe, supportive group like yours can accomplish the same result.

Furthermore, do not forget that Jesus has given us everything we need for life and godliness. We are not going to get more of Jesus in this process. We do hope to experience more consistent fellowship and surrender to Him.

**If the men in your group do not know each other well, first take time to cover the basics before watching the DVD.

Leadership Tip

Lead by example. Set the standard for honesty, transparency, and vulnerability. This is not about performance or perfection. Allow Christ to use you exactly where you are to accomplish His will in others.

- I. **Transparency/Accountability** The leader/facilitator goes first. Be honest about your history and any recent stumble or struggle. The others will then follow suit at some level. Some will divulge more in the weeks ahead. James 5:16 1Peter 5:5
 - a. ?- What are you struggling with today and how is it affecting the people you love?
 - b. ?- What do you expect from being part of a Conquer Group?

II. Discussion

Watch DVD 1. You can use your own questions but following are suggestions:

1. What one idea or fact about addiction stands out to you that you learned from this lesson?
2. What did you learn about the process involved in overcoming and healing from addiction?
3. What is significant about processing the wound? What feelings come to mind when you think about processing your wound?

III Lesson Overview.

Four Principals we must understand:

1. The weapons of our spiritual enemy
2. The strategy of the enemy
3. The weapons of God
4. God's battle plan for purity

The “Noose of Bondage” is composed of:

1. The root; Wounds
2. The mindset: Having a shame perspective of oneself.
3. The lifestyle: Binge-purge cycle
4. The cloak: Denial, delusion, and blame.

70% of Christian men struggling with sexual bondage come from homes where rules override relationship.

“Sexual sin promises to serve and please, but only desires to dominate and destroy.”

IV Week 1 Mission.

- Clean your house of all pornography. Movies, books, etc. and apps that are graphic in nature.
- From your group experience or the resource list at www.restonbible.org/allmen. Select the filters and blocking controls which we be helpful for every device.
- An “accountability” software reporting system that sends a report to a member of your group is critical. Men quickly learn self-discipline when they experience full accountability with the men in their group. These changes are significant and may affect others in your life, but healing depends on it. Implementing the following may take longer than a week but should not linger past two.
- If changes are made regarding connections in the house, then your family needs to know. I suggest not asking them to be accountable to you at this time. **Romans 13:14**

CONNECTION	PROTECTION	PEOPLE TO TALK TO
Laptop & Home Computer	Which Software	Spouse, Roommates, Children, Group member
Work Computer	Which Software	Supervisor, co-owner, group member?
Cable TV, Streaming Services, ie Roku, Amazon Fire TV	Parental Controls	Family/Roomate: These changes are made to limit inappropriate content.
Smartphone, Smartwatch Tablet	Which Software	Family or group member

- If someone reveals their addiction, you or other group members may need to call them at some point during the week for prayer or encouragement.